



SENIOR CENTER

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January 2022

Happy New Year, everyone! I hope you are excited about this upcoming year! I certainly am! For no particular reason that I can name, the number 22 is my favorite number so surely 2022 will be fabulous!



January 11 is National Step in a Puddle and Splash Your Friends Day! Now, in some contexts that may not be the greatest thing to actually do.

However, it is delightfully fun to think about! Who doesn't, at least secretly, love to splash in a puddle from time to time? Enjoy your day, whether you're the splasher, the splashee, or just thinking about the joy a rain puddle can bring.

Monday, January 17 is Martin Luther King, Jr. Day. The Senior Center will be closed in



observance of this holiday honoring the truly amazing man who so reverently, yet boldly followed his heart to embrace equality for all!



Everyone is welcome to join our **Bible study at 10:00 AM on Thursday mornings.**

In January, **jewelry making class** will be on **Monday mornings at 11:00 AM.**



Now that it is 2022, **everyone will need to complete a new registration form.** Also, those who want to use the gym or attend exercise class will need to have a doctor sign the **fitness form** if we do not have one signed in 2021. Additionally, **seniors who do not live within the city limits of Pascagoula will need to pay the annual membership fee of \$50.**



Exercise with Lois on Tuesdays and Thursdays at 10:00 AM. It's great fun for all ability levels!



Yahtzee

There are **new games** in the game room! **Scrabble** and **Yahtzee** have both been added.

The **Golden Age Club** will meet on **Thursday, January 13, at 11:00 AM.**

Meeting

Everyone is welcome! If you do not know what the Golden Age Club is, now is the perfect time to give it a try.



Pickle ball is here on **Wednesday and Friday mornings at 8:30.** On **Friday, January 14,** pickle ball will be played **outside, weather permitting.**

We have **shuffleboard!** It is a great, fun activity! It is very easy to learn and do! Come join us for **Shuffleboard on Tuesdays at 8:30 AM!**

We will have a s'mores and popcorn social on **Wednesday, January 5**, at approximately **2:15 PM**, just after Bingo. So please join us for Bingo as well. Bingo begins at 1:00 PM every Wednesday.



Our **Train Dominoes** group plays on **Thursdays at 12:30 PM**. Everyone is welcome!



Bridge will be played at **1:00 PM** on **Monday, January 10**, and **Monday, January 24**. If you are interested in playing Bridge, give us a call at 228-769-8329.



BINGO Bingo is every **Wednesday at 1:00 PM**. Bingo is free and everyone is welcome to join us!



Our **January birthdays** celebration will be **Monday, January 24**, at **2:00 PM**! If you have a January birthday or if you want to celebrate those who do, please join us! Cake and ice cream will be provided.



Canasta players play on **Tuesday afternoons at 12:00**. You are welcome to join them for a great time!



There are upcoming pottery classes. Classes will be offered day or night. There is also a sneak peek class available. **Please call us at 228-769-8329 if you are interested in joining a class!**



We have **movie matinee** every **Friday at 1:00 PM**. Popcorn & drinks provided. Please let us know if you have a movie suggestion. Following are the movies for January *(subject to availability)*:
Jan.7 *Cry Macho* Jan. 14 *The Good Liar*
Jan. 21 *The Last Vermeer* Jan. 28 *The Way Back*

Our trip this month will be on **Friday, January 21**. We will eat at **Dauphin's** and then go to the **Mardi Gras Museum in Mobile**. Admission for the museum is \$8 for adults, \$6 for AARP members. We will leave here at **10:15 AM**. Spots are limited, so **please call us at 228-769-8329 to reserve your spot!**



On **Tuesday, January 11**, at **11:30 AM**, lunch will be provided by **Café Marche**. We will have the Single Scoop Plate. You **must reserve your spot** to attend. Please **call us at 228-769-8329** or **stop by no later than Friday, January 7**, to let us know that you will be joining us and whether you prefer **chicken salad or shrimp salad**. There will be a **\$5 charge for lunch**. At **11:00 AM**, an **Aetna** representative will do a short presentation about **dental benefits**. There will be door prizes.

On **Tuesday, January 25**, at **11:30 AM**, lunch will be provided by **Ruby Tuesday**. We will be having hamburgers and fries. You **must reserve your spot** to attend. Please **call us at 228-769-8329** or **stop by no later than Friday, January 21**, to let us know you will be joining us and whether you want your burger **plain or loaded**. There will be a **\$5 charge for lunch**.