



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

GROWING STRONGER TOGETHER

PASCAGOULA PARKS AND RECREATION DEPARTMENT

**AND THE MISSISSIPPI GULF COAST YMCA
AQUATICS PROPOSAL**

2024



The Mississippi Gulf Coast YMCA

Introduction

The Mississippi Gulf Coast YMCA is honored to present a partnership proposal with the Pascagoula Parks and Recreation department to deliver programming in the city's community pool, the Andrew Johnson Recreation center. We have a strong vision of how we can contribute to the efforts of elevating the Pascagoula communities through this partnership. Our goal is to offer Pascagoula's residents a place where all community members can connect and engage, experience water safely, learn important lifesaving skills, and elevate their health and wellbeing. We desire to create an environment that engages ALL aspects of the community and is aligned with its needs, focused on youth development, healthy living, and social responsibility.

Proposal Overview

This proposal design helps the Pascagoula Parks and Recreation department achieve the partnership goals shared with the Mississippi Gulf Coast YMCA and upholds the YMCA standards of service. The shared goals supporting this proposal include:

- for the Pascagoula Parks and Recreation department to elevate the level of safe, high-quality programs and services delivered to its community by working with the YMCA (one of the world's most established brands).
- for the Pascagoula Parks and Recreation department to provide vital aquatics programs and services to local adults, children, and families.

The following pages provide additional details on YMCA services and conclude with the proposal details, including future potential partnership elements. We look forward to discussing this with you at your earliest convenience.

ABOUT THE MISSISSIPPI GULF COAST YMCA

OUR MISSION

For more than 47 years, the Mississippi Gulf Coast YMCA has provided vital programs and services to local adults, children, and families. Through 8 branches and program centers, the mission of the Mississippi Gulf Coast YMCA is to foster the spiritual, mental, and physical development of individuals, families, and communities according to the ideals of inclusiveness, equality, and mutual respect for all.

The Y is a vital asset to our community, focusing on youth development, healthy living, and social responsibility. We believe that positive, lasting personal and social change can only come about when we ALL work together to invest in our kids, health, and neighbors.

Today, the Y nationally engages and impacts more than 10,000 neighborhoods across the US. Locally, our Y engages and impacts 232 neighborhoods with 23,000 people on the Mississippi Gulf Coast, including Ocean Springs, Biloxi, Harrison, and Hancock Counties. As the nation's leading nonprofit committed to helping people and communities learn, grow, and thrive, our contributions are far-reaching and intimate. From influencing our nation's youth in character-building programs like preschool and school-age childcare to water safety and learning to swim to specialized programs for older adults living with chronic health conditions, we help everyone reach their fullest potential by learning to think critically, live healthily, and care for our neighbors.

MISSISSIPPI GULF COAST YMCA STRATEGIC PRIORITIES

1. Nurturing the potential of every child and teen
2. Improve Health and Wellness along the MS Gulf Coast
3. Giving back and providing support for our neighbors
4. Building capacity to guide our cause

DIVERSITY AND INCLUSION

The Mississippi Gulf Coast YMCA is an inclusive organization. We define inclusion as the deliberate and conscientious effort to be knowledgeable about differences, supportive of others, and active in changing oppressive structures to various groups, understanding that everyone brings valuable skills and abilities to the YMCA. It is the day-to-day living of the "FOR ALL" part of our YMCA mission statement.



PASCAGOULA PARKS AND RECREATION SERVICES PROPOSAL

The Mississippi Gulf Coast YMCA will collaborate with the Pascagoula Parks and Recreation department in a seasonal aquatics project to serve the citizens of Pascagoula at the Andrew Johnson Recreation center pool. The YMCA will provide qualified staff to provide for a seamless pool safety program for the public that will assure consistency of lifeguard services, swim lessons, and water fitness classes and enable efficiencies realized through resource sharing and economies of scale.

The YMCA will provide administrative oversight and supervision of the program and program staff. The YMCA will conduct hourly chemical checks and keep a log of the readings for the entirety of the operating season. The Y will ensure the pool is kept clear of debris and in working order. The Y will contact the Pascagoula Parks and Recreation department if repairs are deemed necessary or more chemicals need to be ordered. Monthly reports for attendance and activities will be provided. Residents will be solicited for feedback on the types of aquatics programs and services that would benefit them and to help develop future expansion plans. Quality surveys will be conducted after each program has ended, with additional program-specific surveys being conducted throughout the program period.

The Pascagoula Parks and Recreation department will be responsible for purchasing necessary pool chemicals, utilities, insurance, operational costs (outside of Y staffing), regular landscaping of pool property, completing pool repairs, maintenance and upkeep to allow the facility to pass YMCA Aquatics Facility standards. The Pascagoula Parks and Recreation will maintain and ensure that the YMCA is named as an additional insured on their general/liability insurance during the pool operation time frame and will provide the YMCA with a copy of their Certificate of Insurance.

This partnership will require an investment of the Pascagoula Parks and Recreation department for some of the services offered. The attached budget outlines the financial investment for this partnership.

PROGRAMMING:

LIFEGUARD TRAINING AND HIRING



PRE-EMPLOYMENT TRAINING: The YMCA will provide a certified Lifeguard Instructor to certify, train, and onboard all lifeguards for the pool before the pool is to be open. The Lifeguard Instructor will also ensure monthly in-service trainings are conducted and documented per YMCA of the USA guidelines. A minimum of two lifeguards must be on the deck during all hours of operation. The lifeguard/patron ratio is 1:25, meaning that additional lifeguards may be required for large classes, pool rentals, and programs. There will be one Head Lifeguard to assist with scheduling and training.

SWIM LESSONS

The YMCA's will hire, certify, and train certified Water Safety Instructors to conduct swimming lessons at the Pascagoula Recreation aquatics facility. Lessons will be pre scheduled and approved by the Y and the Pascagoula Rec department. We will certify and train through the Red Cross WSI program and provide swim lessons for patrons ages 6 months through adult, beginner to advanced levels. The YMCA will also include Adaptive Swim Lessons for the special needs community. The cost of the swim instructors will be included in the attached budget.



AQUATICS FITNESS CLASSES

The YMCA provides several types of water fitness classes to include: Aqua Aerobics, Aqua HIIT, Deep Water Aerobics, Aqua Yoga and Stretch, etc. The YMCA will host an aquatics fitness class at the Pascagoula Parks and Recreation department aquatics center. The Y will train, hire, and schedule the instructor.

AQUATICS TENTATIVE SCHEDULING TIMELINE:

Pool operating dates: May 25, 2024 – September 2, 2024

- Lifeguard Certification Class will be open for registrations: March 1, 2024
- Swim Lesson Schedule will be open for registrations: April 1, 2024
- Lifeguard Try-Out dates: no later than Wednesday April 10, 2024
- Lifeguard Certification Class (10-20 participants max): April 18-21, 2024
- Water Safety Instructor Certification Class (6 participants max): May 10-12 and 17-19,2024
- Pool preparation and training: May 4-24, 2024
- Pool Opening Day: May 25, 2024
- Swim Lessons: during pool operating hours, see attached tentative schedule
- Aqua Fitness Class: during pool operating hours
- Pool Closing Day: September 2, 2024

NEXT STEPS

Working together, we can enhance aquatics and water safety services for residents of Pascagoula. Thank you for reviewing this proposal. We look forward to working with Pascagoula Parks and Recreation department officials and are open to proposal modifications to serve the community best. To discuss further, please contact Jara Miller, CEO of the Mississippi Gulf Coast YMCA, via email at jmiller@mgcYMCA.org or by calling 228.875.5050.

BUDGET

The following page contains the proposed budget for the 4 month program from May 25, 2024 to September 2, 2024 and the pre-training for lifeguard and swim instructor staffing during the months of April and May. The total investment request is \$49,318.83 to provide services for the Pascagoula Parks and Recreation department aquatics facility.

2024 Tentative Swim Lesson Schedule

Session 1 SUMMER Swim Lessons- Pascagoula Rec

June 17-June 27	Day/Time	Level
	Mon-Thurs 9a-9:30a	L1 4-6
	Mon-Thurs 9a-9:30a	L2 4-6
	Mon-Thurs 9:45a-10:15a	L1 7-12
	Mon-Thurs 9:45a-10:15a	L2 7-12
	Mon-Thurs 10:30a-11a	K3 Basics
	Mon-Thurs 5p-5:30p	L1 4-6
	Mon-Thurs 5p-5:30p	L1 7-12

Session 2 SUMMER Swim Lessons- Pascagoula Rec

July 8-July 18	Day/Time	Level
	Mon-Thurs 9a-9:30a	L1 4-6
	Mon-Thurs 9a-9:30a	L2 4-6
	Mon-Thurs 9:45a-10:15a	L1 7-12
	Mon-Thurs 9:45a-10:15a	L2 7-12
	Mon-Thurs 10:30a-11a	K3 Basics
	Mon-Thurs 5p-5:30p	L1 4-6
	Mon-Thurs 5p-5:30p	L1 7-12

Summer Recreation Swim Club - Pascagoula Rec

June 3 – July 29 Mon-Fri 1p-2p

KEY: L1 (Level 1), L2 (level 2), K3 Basics (3 years only)

<i>I. Personnel</i>		Budget
A. Salaries – Staff	Position and Task Description	Amounts
Aquatics Director	\$19.71 x 1 AD x 180 hours	\$3547.80
Training (Lifeguard Instructor)	\$18.00 x 1 LGI x 25 hours	\$450.00
Head Lifeguard	\$13.00 x 1 LG x 5 hours x 101 days	\$6,565.00
Lifeguard 1 (May 27 – September 4)	\$12.00 x 1 LG x 9 hours 101 days	\$10,908.00
Lifeguard 2	\$12.00 x 1 LG x 9 hours 101 days	\$10,908.00
Lifeguard 3 (weekends/holidays)	\$12.00 x 1 LG x 4 hours x 36 days	\$1,728.00
Swim Instructor 1	\$13.00 x 1 Ins x 3 hours x 32 days	\$1,248.00
Swim Instructor 2	\$13.00 x 1 Ins x 3 hours x 32 days	\$1,248.00
Swim Coach	\$14.00 x 1 coach x 2 hours x 49 days	\$1,372.00
Water Aerobics Instructor (2 days per week)	\$16.00 x 1 Ins x 2 hour x 28 days	\$896.00
A. Subtotal Salaries – Staff		<u>\$38,870.80</u>
B. Fringe Benefits		
Taxes, Insurance, Liability	12% x total salaries	<u>\$4,664.50</u>
B. Subtotal Fringe Benefits		
C. Equipment/Supplies		\$400.00
Uniforms (shirts, pocket masks, whistles, etc)		\$400.00
Safety (lifeguard tubes, first aid supplies)		<u>\$800.00</u>
C. Subtotal Equipment/Supplies		
D. Other		
Background checks	D. Subtotal Other \$50 x 10 employees	<u>\$500.00</u>
I. Subtotal Direct Cost		<u>\$44,835.30</u>
II. Indirect Cost		
Indirect Cost Plan	II. Subtotal Indirect Cost 10% of Direct Cost	<u>\$4,483.53</u>
TOTAL BUDGET		<u>\$49,318.83</u>
Projected YMCA AOR: Staffing, Training, Programming, Management, Pool Operations, Incident Reporting		