

Pascagoula Senior Center
P.O. Drawer 908 * 1912 Live Oak Ave.
Pascagoula, MS 39568
(228) 769-8329
mjcaver@cityofpascagoula.com

July, 2016

Dear Friends:

"THANK YOU, BEA ELOISE BURTON"



There are so many that have benefitted from having Bea Burton serve us over the past 22+ years at our Senior Center. We are grateful for her selfless way of caring and sharing. What a blessing it is to have someone with that dedication providing service in our city. Bea has been a "good and faithful servant" to her Lord, her family and the Senior Center. In scripture, Peter outlines someone having a good attitude:

"Show hospitality to one another without complaining. As good stewards of the manifold grace of God, each of you should use whatever gift he has received to serve one another." I Peter 4:9-10 Bea has provided service with God's grace and a good attitude! The legacy of her work ethic, faithfulness and dedication will live forever in our hearts and we sincerely appreciate and thank her. We will celebrate Bea's retirement at lunch on Tuesday, July 26. Join us for "Bea Burton Day". Reception begins at 11am; lunch begins at Noon; presentations at 12:30pm. Can't make it Tues.? We'll make it "Bea Burton Week" Come by Wed., Thur. or Fri. before 2pm. Bea's retirement begins at 2pm Fri., July 29. Again, **THANK YOU BEA BURTON - YOU WILL BE MISSED!**

LYNN MEADOWS DISCOVERY CENTER PRODUCTION OF: "The Wizard of Oz" - Wed., July 13, 10am performance. We will leave the Center at 8:45am. Performance at MGCCC Jeff Davis Campus. Lunch at the Beau, included. Cost \$20 per person.

NEW CREATIVE WRITING CLASS WITH MARY CARTER - Beginning in August. Call if you are interested, 769-8329. Class Day/Time to be determined.

YOGA CLASS RESUMES - Monday, July 11, 10:30am.

THANKS ELKS CLUB - OCEAN SPRINGS HEALTH & REHAB - Many, many thanks to our friends at the Elks Club for making our delightful hamburgers for our "Independence Day" Picnic. Thanks also to Kellie Neuman and Ocean Springs Health and Rehab for their contributions. Weather conditions moved the event to the Senior Center instead of Beach Park!

SINGING RIVER HOSPITAL SYSTEM'S REHAB SERVICES -

Erin Henley, who is a Speech-Language Pathologist will speak to us on Tues., July 19, before lunch, about 11:30am, regarding the details of her specialty as well as details on what "cognition" consists of. (e.g., problem solving, safety awareness, memory, attention and orientation.) The rehab services will offer a short screening if anyone is having any difficulty in any, some or all of these areas and if they would be a candidate for Speech Therapy services for improvement. Come for lunch and/or just to listen to this presentation. Be prepared to stay a few minutes following the presentation for their short screening. Screening will be in Arts and Crafts Room. There is no charge for this service.

CANCER SURVIVOR'S BANQUET - Friday, July 15, 6pm. Please see enclosed flyer. Call 769-8329 to be in our count!

WAFFLE BRUNCH WITH HEATHER - Friday, July 22, 9am. Please see enclosed flyer. Call 769-8329 to be in our count!

FALL TRIP - Oct. 10-14 - Please see enclosed flyer.

MISSION MEALS - Thank you to everyone who has helped in any way with feeding this year's Summer mission groups. Thanks also to all the workers from "TEAM EFFORT".

TUESDAY LUNCH GUESTS -

July 5 - "Just us - doing our own thing!"

July 12 - Bingo with Lynn from Deaconess

July 19 - 11:30am, before lunch - Speech therapy from Singing River Hospital doing screenings; 12:30pm or after Lunch, Ken Hembree with Gentiva will sing for us!

July 26 - "Bea Burton" Appreciation Day!

LINE DANCING CLASS-

Beginners' Class,
Monday, 9-10am
Intermediate Class,
Monday, 9-10am
Performance Class,
Thursday, 9-10am

CHOIR CLASS-

Meets each Tuesday, 9am.
Saundra Yelder, director;
Linda Whirl, pianist

Exercise with Lois - Tue. and Thurs. 10-11am. Great routine;

Exercise with Anna and Neil - Mon.-Fri. - 8:15am.

Acting Class with Mac Nelson - 1st, 3rd and 5th Thursdays at 1:30pm. Experienced or not, everyone is welcome! Call about classes, 769-8329.

Fitness Room - Open daily until 5pm. Good exercise and good fellowship. Make it part of your routine!

Have a Great Month! Join us for something NEW!

Sincerely,
Melani Caver and the Senior Center Staff - WE LOVE YOU AND APPRECIATE YOU, MS. BEA!



July 2016

PASCAGOULA SENIOR CENTER

769-8329



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:15 am-Exercise 10:00-Dominos Open Pottery	2
3	4 Independence Day Senior Center Closed 	5 9-10-Ctr.SingingGroup 10:00— Lois Exercise 12:00—Lunch—.”Just Us”!! 1:15pm-Canasta— Rm.103 Open Pottery	6 8:15 am-Exercise 11:00-Fitness Orientation 1:00-4:00Bridge(2)tbls. 1:30-Dominos— Open Pottery	7 9-10 Line Dancing AdvCl 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois 1:30-Acting Class \$20—2Hrs Open Pottery	8 8:15 am-Exercise 10:00-Dominos Open Pottery	9
10	11 8:15am-Exercise 9am-LineDance-Beginners-Rm103 10am-LineDance-Advanced-“ 10:30-Yoga begins.-Arts&Crafts. 1:30-Crochet 5:30-7:30—Pottery Class 6:30-Bible Study	12 9-10-Ctr.SingingGroup 10:00- Lois Exercise 12:00—Lunch—Lynne for BloodPressure Before Lunch Bingo After. 1:00— Bridge-Rm.103 1:15pm-Canasta— CdRm. - Open Pottery	13 8:15 am-Exercise 8:45-Lv.Ctr-WizardOfOz JeffDavisCampus-\$20.. Lunch@TheBeau. 1:30-Dominos Open Pottery	14 9-10 Line Dancing-AdvC 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois 11:00-Golden Age Club Open Pottery	15 8:15 am-Exercise 10:00-Dominos 6:00-Cancer Survivors- Dinner-Opt.Celebrations- Until 10:00PM. Open Pottery	16
17	18 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30-Yoga 1:00-4:00—Bridge- 3 Tables 1:30-Crochet 5:30-7:30—Pottery Class 6:30-Bible Study	19 9-10-Ctr.SingingGroup 10:00— Lois Exercise 11:30-ErinHenley-ToSpeak 12:00Lunch/KenHembree-Sing 1:15pm-Canasta— Rm.103 Open Pottery	20 8:15 am-Exercise 1:00-4:00Bridge (2)Tables 1:30-Dominos Open Pottery	21 9-10 Line Dancing-Adv. 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois 1:30-Acting Class \$20—2Hrs Open Pottery	22 8:15 am-Exercise 9:00-”Waffles for Brunch W/Heather! ! 10:00-Dominos Open Pottery	23
24	25 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30-Yoga 1:00-Crochet 5:30-7:30-Pottery Class 6:30-BibleStudy	26 9-10-Ctr.SingingGroup 10:00 -Lois Exercise 11:00—Lunch—”BeaBurton Day” As Long As It Takes!! 1:15pm-Canasta— Rm.103 Open Pottery	27 8:15 am-Exercise 1:30-Dominos Open Pottery	28 9-10 Line DancingAdvCl 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois Open Pottery	29 8:15 am-Exercise 10:00-Dominos 2:00-BeginBea’sRetire!!!! YEA FOR HER!!!Will MISS HER-LOVE HER!! Open Pottery	30 <u>FallTrip: A</u> <u>TexasAdventure</u> Oct. 10-14/16 \$799/Double
31	<p>“May the God of peace—equip you with everything good for doing His will and may He work in us what is pleasing to Him.”</p> <p style="text-align: right;">—Hebrews 13:20-21</p>					



ATTENTION:

-CANCER SURVIVORS AND CARE GIVERS-

THERE IS A CELEBRATION IN YOUR HONOR

FRIDAY, JULY 15 – SO BE OUR GUEST!

@ PASCAGOULA SENIOR CENTER

1912 LIVE OAK AVE., PASCAGOULA

DINNER - 6PM; WITH ENTERTAINMENT

FEATURING THE UPBEAT LINE DANCERS

SPONSORS: MS. BEA'S KITCHEN AND

THE PASCAGOULA POLICE DEPT.

Anyone and everyone who has been affected by cancer is invited to attend!

Call the Senior Center so you will be in our count,
228-769-8329 Or Becky Hasty, 228-218-0290



*Pascagoula Senior Center and
Singing River Health and Rehab*

Present:

“Waffles for Brunch”

Friday, July 22, 9am

Featuring

A Hearty Meal With Entertainment

Provided by the

UPBEAT LINE DANCERS

***Join us for “Health Tips From Heather”,
Wonderful Food and Great Entertainment!***

Call the Senior Center 769-8329

So you will be in our count!



Pascagoula Senior Travel Club

Presents Our Fall 2016 Trip:

A TEXAS ADVENTURE

**Featuring: DALLAS and FT. WORTH also,
PLANO - GRAPEVINE - GARLAND - IRVING**

October 10-14

**Trip Inclusions: Guided Tours of Dallas and Ft. Worth,
The Sixth Floor Museum, JFK sites, Old Court House Museum,
Billy Bob's, the Stockyards of Fort Worth, the Gaylord Texan,
Southfork Ranch, the George W. Bush Presidential Library,**

Dallas Cowboy Stadium, North Park Mall.

Breakfast every day, 2 lunches, 3 dinners,

Four Nights Lodging (one property) and

Deluxe Motor Coach Transportation are also included as well

a SURPRISE here and there....

Trip Cost: \$ 799/double

Trip Insurance Available

Call for more information, Pascagoula Senior Center, 228-769-8329.

\$100 deposits are due NOW. Balances are due Sept. 2