

Pascagoula Senior Center
P.O. Drawer 908 - 1912 Live Oak Ave.
Pascagoula, MS 39568
228-769-8329 228-762-2290
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www.cityofpascagoula.com

September, 2019

Dear Friends:

What a grand time we had on our Lunch Bunch outing in August visiting the wonderful, cultural and historic stops in the great City of PASCAGOULA. We toured the Scranton Shrimp Boat at River Park, had a very up-close view of the Light House, got the best guided tour of the LaPointe-Krebs Museum and were able to witness firsthand the restoration work going on there. We also toured Scranton Nature Center at I.G. Levi Park. A wonderful seafood lunch complete with Key Lime pie was enjoyed by all at "Off The Hook" on Krebs Avenue.

Also, we had a grand time at the Annual Luau. Many thanks to Kellie Neuman and Sam the Cook at Ocean Springs Health and Rehab for the fabulous pork we feasted on! Also a BIG THANK YOU to Mr. Lynn Rouse and the Upbeat Line Dancers for another great performance.

LUNCH BUNCH FOR SEPTEMBER – Wednesday, September 28, 7:30am. Cost \$45. This is one of our favorite places - Historic Downtown Bay St. Louis! We will make a day of it visiting St. Rose De Lima Church, the 100 Man Club, some of the quaint gift and antique shops and other historic sites as well as enjoy a fabulous lunch on the Bay. We are chartering a bus for this one so we can all hear the step-on guide and enjoy all the rich history in that area. Deadline to register: 9/22

GOLDEN AGE CLUB – Thursday, September 8; 11am. Bring a covered dish and join us for BINGO!

FINANCIAL SEMINAR – Wednesday, September 14. Join Mr. Sam Tucker and Mr. Terrell Taylor as they hold a seminar entitled "Debt Solutions for Seniors". 10am-Noon. Pre-register with us by calling 769-8329. There will be refreshments.

MORE HEALTHY FOOD IDEAS – Wednesday, September 7 and September 21. Lunch will be provided at both sessions. Mississippi State Extension Service's Melissa Yarber (who also sings for us) will have more helpful food shopping and preparation tips. Emphasis will be on the basic food groups on the 21st. How easily we forget and need to be reminded! Colorful food charts for those who attend. Call 769-8329 to pre-register. No charge. Begins 10am.

FALL WREATH MAKING – Monday, September 19; 12:30pm. The time is here to store those bright, summer colors and be ready for the subtle shades of fall. Make a new wreath in class ready to hang - \$25; all supplies included. Call to pre-register, however, everyone must pay by noon, Fri., Sept. 16.

INTRODUCTION TO PET THERAPY – Brought to you by Carla Anderson and her friend "Ray"; a yellow lab who is very calm and interactive with humans and Linda Wiggins with her friend "Bingo". They will be here on Tuesday from 10:00-11:00am, room 103, beginning September 20. Join us for "Pet Therapy"!

TUESDAY LUNCH GUESTS FOR SEPTEMBER:

Sept. 6 - Mississippi Song Writers Association**

Sept. 13 - Bingo with Lynn from Deaconess

Sept. 20 - Pet Therapists, Carla and Linda with "Pets" @

11:30am & Marks Sokolosky-Wixon from the
LaPointe-Krebs House and Museum-12:30pm

Sept. 27-"Show 'n Tell" – Bring something to share!

**In conjunction with the MS Songwriters Assn, we will have a few of the performers on our stage as part of our Tues. Lunch on Sept. 6 – "Double D", Reggie Bates with Emcee Scott Stradtner.

FLAVORS OF FALL – Thurs., Sept 22. 10am-2pm. A fun and entertaining day brought to you by Kellie with Ocean Springs Health and Rehab. and the City of Ocean Springs. Location - Ft. Maurepas Park – Front Beach, Ocean Springs. Our Line Dancers will perform! Lunch will be provided (hot dogs/hamburgers, chips, cookies, tea). We have a limited number of seats; call to reserve your space, 769-8329. Cost \$5 per person.

MISSISSIPPI SONG WRITERS FESTIVAL – Such a lineup of great performances. Watch the newspaper(s) for details. One that we are offering as a group outing is Thursday, September 15, 7pm at the Mary C. We will leave our Center at 6pm, to see "Songs and Stories Radio Show" Featuring Wynn Varble. Cost: \$5 per person. Deadline to register is Tuesday, Sept. 13, 1pm.

SWEET MANNA GOSPEL QUARTET – Sunday, September 25. Everyone who hears this group falls in love with their impressive style and grace. Join us for music and refreshments at 3pm on Sun., Sept. 25. See enclosed flyer, mark your calendar and pass the word!

LINE DANCE PERFORMANCES IN SEPTEMBER:
Sunplex and Riverchase-Sept. 15; "Flavors of Fall", Ocean Springs –Sept. 22; Little Sisters of the Poor in Mobile–Sept.23.

BIBLE STUDY – Monday nights 6:30-7:30, James Miller. Thursday mornings 10-11am, Judy Caraway. Join either class anytime! Everyone is welcome.

ATTENTION MUSICIANS! Monday night openings for jam sessions! Call us if you are interested. Guitar, key board, fiddle or harmonica... All are welcome!

Sincerely, Melani Caver and the Senior Center Staff



September 2016

Pascagoula Senior Center

769 - 8329



| <u>Sun</u> | <u>Mon</u> | <u>Tue</u> | <u>Wed</u> | <u>Thu</u> | <u>Fri</u> | <u>Sat</u> |
|--|---|---|---|--|--|------------------|
| | | | | <p>1 9-10 Line DancinAdvCl 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois 1:30-Acting 4:30-7:30-Pottery I Class New Moon</p> | <p>2 8:15 am-Exercise 10:00-Dominos Open Pottery</p> | |
| <p>4</p> | <p>5 Labor Day SENIOR CENTER CLOSED.</p> | <p>6 9-10-Ctr.SngngGrp 10:00— LoisExercise 12:00-Lunch-MS Song-writersAssocia.W/Per-Formers. 1:15pm-Canasta, 103 Open Pottery</p> | <p>7 8:15 am-Exercise 10-12HealthyFoodIdeas, Lunch-MsStateExtSvc. 11:00-Fitness Orientation 12:30-4:00-PotteryIClas 1:00-4:00Bridge(2)tbls. 1:30-Dominos—</p> | <p>8 9-10 Line Dancing-Adv 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois 11:00-Golden Age Club 4:30-7:30-Pottery I Class</p> | <p>9 8:15 am-Exercise 10:00-Dominos Open Pottery 1st Qtrr.Moon</p> | <p>10</p> |
| <p>11 Grandparents Day</p> | <p>12 8:15am-Exercise 9am-LineDance-Beginers 10:00-LineDance-Adv. 10:30— Yoga 1:30-Crochet 6:30-BibleStudy —OpnPotr Open Pottery</p> | <p>13 9-10-CtrSngGrp. 10:00- Lois Exercise 12:00-Lunch-LynNix, Blood Pressure. 1:15pm-Canasta-103 Open Pottery</p> | <p>14 8:15 am-Exercise 10:00-Noon-Financial Semi-nar,S.Tucker&T.Taylor, "DebtSolutions". 12:30-4:00-Pottery I Cls. 1:30—Dominos</p> | <p>15 9-10 Line Dancing-Ad 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois 12:30-LnDncsLv.forSunPx&RvChase 1:30-Acting 4:30-7:30-Pottery I Class 6:00-Lv.Ctr.-MS SngWriterFestival@MaryC.\$5.00.(Deadline9/13@1:00)</p> | <p>16 8:15 am-Exercise 10:00-Dominos Open Pottery Full Moon</p> | |
| <p>18</p> | <p>19 8:15am-Exercise 9am-LineDance-Begin.10:00-Ad 10:30—Yoga 12:30-WreathMakingClass.\$25. 1:00-Bridge 1:30-Crochet 6:30-BibleStudy Open Pottery</p> | <p>20 9-10-CtrSingGrp 10:00-Lois Exercise 10-11-"PetTherapy"-Rm.103.Carla&Linda 11:30-"Pets" 12:00-Lunch- 12:30-Mark, SpanishFt&Museum 1:15pm-Canasta-103, Opn.Pot.</p> | <p>21 8:15 am-Exercise 10-12-BasicFoodGroups, LunchServed.Ms.St.Ext. 1:00-4:00Bridge (2)Tables 1:30-Dominos Open Pottery</p> | <p>22 Autumn Begins 9-10 Line DancinAdv 9:30-3:00-Bridge (1) Table 9:30-LnDncs-OceanSprings 10-2:00-FtMaurepasPark-\$5.00 10:00-Bible Study- 10:00-ExerciseW/Lois Open Pottery</p> | <p>23 8:15 am-Exercise 9:00-LnDns- Mobile Lit-tle SistersOfThePoor. 10:00-Dominos Open Pottery</p> | <p>24</p> |
| <p>25 2:30-Sweet Manna Gospel Quartet@SrCtr.</p> | <p>26 8:15am-Exercise 9am-LineDance-Beginers 10am-LineDance-Adv 10:30—Yoga 1:30-Crochet 6:30-BibleStudy Open Pottery</p> | <p>27 9-10-CtrSngGrp 10:00 —Lois Exercise 12:00-Lunch-"Show&Tell". BringSomething&Share. 1:15pm-Canasta,Rm103 OpenPottery</p> | <p>28 7:30am-Lv.on LunchBunch-BaySt. Louis-Cost-\$45.00. 8:15 am-Exercise 1:30-Dominos Open Pottery</p> | <p>29 9-10 Line DancinAdv 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois 1:30-Acting Open Pottery</p> | <p>30 8:15 am-Exercise 10:00-Dominos Open Pottery</p> | |

Pascagoula Senior Travel Club and Diamond Tours Presents:

Fall and Christmas in the Smokey Mountains

\$559—Double Occupancy

\$689 Single

Trip Insurance Available



Soul of MOTOWN



Smokey Mountains



TITANTIC MUSEUM



Trip Date: Nov. 28– Dec. 2, 2016
Trip Cost: \$559 Per Person—Double

Trip Details

Depart from **Pascagoula Senior Center** on a Deluxe Motorcoach and arrive in Pigeon Forge the same day! Breakfast, Lunch and restroom stops will be provided.

We will spend 3 full days and 4 nights enjoying the sights and sounds of the Great Smokey Mountains during the FALL and the beginning of the **CHRISTMAS SEASON**.

Shows Included:

Smokey Mountain Opry, Motown, Hatfield and McCoy Dinner Show, the Smith Morning, Variety Show and The Dixie Stampeded Christmas Show.

Attractions Include:

The Smokey Mountains, The Titanic Museum, Christmas Lights Tour, Gatlinburg

Meals Included:

Breakfast daily, lunch Day 1, 4 dinners.
Deposits due right away to hold your space.
Balances due Oct. 14

For more Information call:

Pascagoula Senior Center, 769-8329
1912 Live Oak Ave., Pascagoula, MS 39568



Put Your Mind at Ease on the Next Trip...

with the

Travel Confident® Protection Plan!

Travel Insurance - Same Price - Regardless of Age!

PLAN BENEFITS INCLUDE:

Trip Cancellation: You are covered for your **FULL TOUR COST** in the event you must cancel your trip for one of the reasons below.

Trip Interruption: You are covered for reimbursement of your fare to travel home and your unused prepaid tour cost (the total not to exceed your total tour cost), when you must leave your trip early for one of the following reasons:

Sickness, Injury or death to you, a traveling companion, a family member, or a business partner

Jury Duty or being required to appear as a witness in a legal action

A Strike that causes services to cease for at least 48 hours

Losing Your Job where you have worked for at least 3 years

Terrorist Attack, Hijack or Quarantine

Weather that causes your common carrier to cease operations for at least 48 hours

Fire, Flood or Natural Disaster that causes your home to become uninhabitable

Burglary of your home within 10 days of departure

Getting into a Traffic Accident on your way to your trip's departure point

You are covered for the "single supplement" surcharge if your roommate cancels for one of the above reasons.

**QUESTIONS?
CALL 1-866-684-0218**

2 EASY Ways to Sign Up:

1.) MAIL - Give a check to your Group Leader in the amount indicated by the table made out to "Travel Insured International" **OR**

2.) INTERNET - Sign up at www.travelconfident.com

| Trip Cost (per person) | | Travel Confident® Cost (per person) |
|------------------------|---|-------------------------------------|
| Up to \$500 | = | \$35 |
| \$501 - \$600 | = | \$45 |
| \$601 - \$700 | = | \$59 |
| \$701 - \$1,100 | = | \$69 |
| \$1,101 - \$1,500 | = | \$94 |
| \$1,501 - \$2,000 | = | \$129 |

www.travelconfident.com/exclusions.aspx

RECEIVE THIS BENEFIT!

ACT NOW so you are eligible for **PRE-EXISTING CONDITION** coverage! You must purchase your Travel Confident Protection Plan within **14** days of writing your check for your initial trip deposit.

Review the complete terms in the exclusion section of your policy.

Baggage Benefit - Up to \$1,000! If your baggage is lost, stolen or damaged!

Medical Expense - Up to \$5,000! If you are injured or become ill on the trip. You also are covered for up to \$750 in emergency dental treatment.

Emergency Medical Evacuation - Up to \$20,000! Should a severe illness require immediate care and a local hospital cannot meet your needs, you are eligible for transportation to the nearest hospital with appropriate treatment. A toll-free call to 1-888-268-2824 starts the arrangements. If you are traveling alone, you are also covered for the air fare of a companion to join you at the hospital (providing you are in the hospital for at least 7 days).

24/7 Assistance Services included: Lost Baggage Retrieval • Emergency Cash Advance • Medical or Legal Referrals • Prescription Drug/Eyeglass Replacement • Translation Services • Payment to the Assistance Company is Your Responsibility.

**** TIPS FOR TRAVELERS: ****

- Cancel with your Group Leader as soon as you are aware of the need to cancel.
- In the event you need to file a claim, contact Travel Insured International at 866-684-0218 as soon as possible. Be prepared to provide the insurance company with proof of payments for all portions of your trip, including the insurance.
- Get detailed medical statements from treating physicians where and when an accident or sickness occurred. Save your receipts, proof of all payments and proof of insurance. Pay by check or credit card when you can.
- If you have purchased the Travel Confident Protection Plan, for emergency medical evacuation call the Assistance Company at 888-268-2824 or collect at 202-296-8720. Be sure to call before you incur any expenses!

** Please remember - this Flyer **IS NOT** your insurance policy. Be sure you receive a copy of your policy and read it before your trip. See your Group Leader or visit www.travelconfident.com to obtain a copy. **

This is a brief summary of benefits under the Plan. The benefits are subject to the provisions, limitations and exclusions of the Policy. Refer to Your Policy for complete details. Plans are underwritten by the United States Fire Insurance Company. The Crum & Forster group of companies is rated A (Excellent) by AM Best Company 2012. Not all coverage is available in all jurisdictions. Travel Assistance Services are provided by an independent organization and not by United States Fire Insurance Company or Travel Insured International.

Pascagoula Senior Center Presents:
Sweet Manna Gospel Quartet



Join us for a wonderful afternoon of
Great Southern Gospel Music

Sunday, September 25, 2016

2:30pm

Pascagoula Senior Center
1912 Live Oak Ave., Pascagoula

Refreshments Served

Call 228-769-8329 for details

