

Pascagoula Senior Center  
P.O. Drawer 908 \* 1912 Live Oak Ave.  
Pascagoula, MS 39568  
769-8329  
[mjcaver@cityofpascagoula.com](mailto:mjcaver@cityofpascagoula.com)  
March, 2015

Dear Friends,

Wreath Making – Just in time for Spring, a one-time class with Nancy Williams. Class will be Monday, March 9, 1:30pm. Cost is \$25 and includes all supplies for a completed project. Must register and pay fee by Noon, Friday, March 6.

“Reading and Writing For Fun” class meets each Wednesday at 10am. Lots on reading, writing, journaling and just a good way to brush up on skills. Join any Wednesday. There is no cost.

Slam Scam – Ways to avoid being scammed and other interesting topics. Wed., Mar. 11. Check out the enclosed flyer for all the details and plan to join us for some great information! Make sure to call and pre-register!

Golden Age Club Luncheon – Everyone is invited to join. We meet the 2<sup>nd</sup> Thursday of each month for a covered dish luncheon and BINGO! Next one – Thurs., March 12.

Lippincott’s Picnic – Our annual trip to Bonnie and Chuck Lippincott’s beautiful Vancleave farm is Tues., April 14. Save the date! Transportation provided. Details in next month’s newsletter.

**CO-MISSIONS - WE ARE STILL ACCEPTING APPLICATIONS!**  
Pascagoula Senior Center is pleased to announce an affiliation with CO-MISSIONS, a Christian Missions Program that will spend their Summer vacation doing maintenance and repair work on Senior Adults homes for those who need it. Applications will be received at Pascagoula Senior Center from those who could use their services. Projects could include minor house hold repairs, painting and small building projects. Applications may be picked up at the Center and must be completed and returned as soon as possible even though work will not take place until the Summer. Services will be provided to those whose annual income is most limited and whose need is the greatest. CO-MISSIONS will analyze all applications, determine what projects will be completed and notify the homeowner. PLEASE APPLY IF YOU HAVE A PROJECT YOU NEED HELP WITH. This is a no-cost Christian Missions Program. Call us for more details or an application. We have taken a surprisingly low number of applications so far! Praise GOD for Missionaries world-wide and at home!

Car Fit – AARP/AAA/American Occupational Therapy Assn.

have joined forces to bring the “CARFIT” program to our Senior Center. Because the number of older people driving longer increases constantly, this is a tool to make sure we know all we need to about your own vehicle and that changes we all face as we age don’t affect how our vehicles “fit” us. This is just for safety and is no cost to you. We have appointments one day per month. The March date is Tuesday, March 17. Appointment times are from 10 am–2pm and the inspection takes about 10–15 minutes. Call the Center, 769–8329, to schedule your appointment. You MUST have a scheduled appointment for an inspection. Everyone gets a prize!

Theatre – MOBILE THEATRE GUILD  
Friday, March 13 for Neil Simon’s “RUMORS”.  
Tickets – \$17 each. Leave the Center 6:30pm.

ST. PATRICK HIGH SCHOOL MUSICAL PRODUCTION OF  
“Footloose” – Wed., March 25. We will leave the center by 8:45am for the 10am show. We will enjoy the lunch buffet at the Beau following the show. Cost: \$15.

LUNCH GUESTS – The hospital is sharing information with us at our Tuesday Luncheons twice in March. On Tuesday, March 3, Gerald Nottenkamper with their TRAUMA TEAM will share information on safety. On March 10, Pam Craft and Brandon Cloud with Physical Therapy will share information on preventing falls as well as offer screenings. March 17 will be car safety with Bill Williams. March 24, Dr. CJ Davis with the National Council on Alcohol and Drug abuse with new information on our everyday medications.

TALENT DAY – We are going to entertain each other!– Tuesday Lunch – March 31 – This will be our first “Talent Showcase” and the “acts” will include some or all of the following:  
“Fraline Ilka”, “Kit-Kat Kitty”, “My Little Margie”, “Anna, Ruth and Mary-Dancing Trio”, “Gautier Girls of Gospel”, “The Ballad of Emmett” and “Ode to Ovide”. You don’t want to miss our very first “Talent Showcase” at Pascagoula Senior Center!!

SENIOR OLYMPICS – April 11–18. Events include 5&10K run/walk, Basketball, Bocce Ball, Bowling, Darts, Golf, Line Dance, Softball, Swimming, Track and Field, Table Tennis, Tennis and more. Pick up registration information at our center or call or email Lucy Bickman, 228–896–5683, [lucbick@aol.com](mailto:lucbick@aol.com), for more information.

MARDI GRAS COURT – We would like to say “Thanks and Congratulations” to our 2015 Mardi Gras Court:  
Queen Brenda Krebs, King Donald Avery, Duchesses Fay Shearer, Juanelle Goff, Lucy McCaskill, Gail Seely, and Marie Singleton. Our Escorts from Pascagoula Police Department, Chris Blythe, Travis Dunsford, Ron Bennett, Bryan Alford and Terry Scott and the MC, John Morosky. Thanks to Clark Finley and Singing River Health and Rehab, Jackson Co. Civic League, Praetorian, and you, our audience!

Sincerely, Melani Caver and the Senior Center Staff



# PASCAGOULA SENIOR CENTER

769-8329

March 2015



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
<u>1</u>	<u>2</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00-Crochet 6:30 Bible Study	<u>3</u> 9:00-Spanish Class 10am-Sr.Exer w/Lois 12:00-Lunch – TRAUMA TEAM share info on Safety. 1:15pm-Canasta	<u>4</u> 8:15am-Exercise 9-11:30am –Sr.Fun Time 10:00-”Reading & Writing For Fun” 11:00-Health-Plex Orientation.	<u>5</u> 9:00am-LineDance 10:00-Bible Study 10:00ExerciseWLois  1:30-Experined Acting Class/\$10/class	<u>6</u> 8:15 am-Exercise  Wreath Making Class \$25. Fee due today. Class is Mon.9.	<u>7</u> 
<u>8</u> <u>Daylight Savings</u> <u>Time Begins.</u> (1HrAhead) 	<u>9</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00-Crochet 1:30-WreathClass.\$25. 6:30 Bible Study	<u>10</u> 9:00-Spanish Class 10am-Sr.Exerce w/Lois 12:00-Lunch –Physical Therapy PreventiFalls. 1:15pm-Canasta	<u>11</u> 8:15am-Exercise 9:00-Registration for SCAM SLAM-IV 10:00-Program begins 10:00-ReadingForFun 9-11:30am –Sr.FunTime	<u>12</u> 9:00am-LineDance 10:00-Bible Study 10:00ExerciseWLois 10:00-Golden Age Club 1:30-Experined Acting Class/\$10/class	<u>13</u> 8:15 am- Exercise 6:30 Lv Ctr. For Mo- bile Theatre Guild, Neil Simon’s “Rumors” - \$17.00	<u>14</u>
<u>15</u>	<u>16</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00-Crochet 6:30 Bible Study	<u>17</u> <u>St.Patrick’sDay</u> 9:00-Spanish Class 10am-Sr.Exer w/Lois 10:00-3:00-AARP CarFit 12:00-Lunch –Car Safety w/ Bill Williams 1:15pm-Canasta	<u>18</u> 8:15am-Exercise 9-11:30am - SrFunTime 10:00-Reading & Writ- ingForFun	<u>19</u> 9:00am-LineDance 10:00-Bible Study 10:00ExerciseWLois  1:30-Experined Acting Class/\$10/class	<u>20</u> <u>SpringBegins</u>  8:15 am-Exercise	<u>21</u> 
<u>22</u>	<u>23</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00-Crochet 6:30 Bible Study	<u>24</u> 9:00-Spanish Class 10am-Sr.Exerce w/Lois 12:00-Lunch –Dr.C.J.Davis, Everyday Medications. 1:15pm-Canasta	<u>25</u> 8:15am-Exercise 8:45-Lv.Ctr.for 10:00 Show,St.Patrick HS “Footloose””.\$15.00 9-11:30am -SrFunTime 10:00-Reading For Fun	<u>26</u> 9:00am-LineDance 10:00-Bible Study 10:00ExerciseWLois  1:30-Experined Acting Class/\$10/class	<u>27</u> 8:15 am-Exercise	<u>28</u>
<u>29</u> <u>PalmSunday</u>	<u>30</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00-Crochet 6:30 Bible Study	<u>31</u> 9:00-Spanish Class 10am-Sr.Ex w/Lois 12:00-Lunch –TalentDay!!! YA*LL ARE THE TALENT! 6:30– 7:30ActingClass-	“And we know that in all things God works for the good of those who love him, who have been called according to his purpose. For those God foreknew he also predestined to be conformed to the likeness of his Son, that he might be the firstborn among many brothers. And thosed he predestined, he also called; those he called, he also justified , he also glorified.” —Romans 8:28-30			



Attention **SENIOR ADULTS**:

# Jackson County TRIAD

Presents

## Scam Slam IV

*Pascagoula Senior Center*

*1912 Live Oak Ave., Pascagoula, MS*

WEDNESDAY, MARCH 11

9-10AM — REGISTRATION AND VISIT VENDORS

10AM-1PM — GUEST SPEAKERS

**LUNCH FOR ALL—NO ADMISSION**

**EVERYONE MUST CALL TO PRE-REGISTER**

**228-769-8329      228-205-0907**

Avoid Identity Theft. Bring Personal Documents to be Shredded on site, 7:30-9:30am.

*Plan to join us for the latest information on:*

**LEGAL SERVICES**

**MEDICARE FRAUD**

**BANKING SCAMS**

**PAYDAY LOANS**

**OTHER SCAMS**

**Co-Sponsors: Pascagoula Senior Center and AARP**

**Scams are real! It CAN happen to you! YOU can be your BEST protection.**

**Learn how others prey on SENIORS. NOTHING is free in a parking lot.**

**Do business IN a business with familiar people. PLEASE protect yourself!**

**Know when, whom and how to ask for help.**



**SCHEMING  
CRAFTY  
AGGRESSIVE  
MALICIOUS**  
DON'T LET THEM CON YOU

