

Pascagoula Senior Center  
P.O. Drawer 908 \* 1912 Live Oak Ave.  
Pascagoula, MS 3968  
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April, 2015

Dear Friends:

“Welcome Spring! We are enjoying your beautiful shades of green, the rebirth of all that blooms, your gentle showers and your moderate temperatures. We hope you will stay around for a while before the heat of Summer arrives!”

Meanwhile, there is plenty to do at Pascagoula Senior Center. Please notice the enclosed flyers with details on our PICNIC at the Lippincott's, our “SWING INTO SPRING” Dinner and Dance and a trip to NEW ORLEANS to THE WWII MUSEUM! Also, look over our calendar day-by-day so you won't miss a thing.

**WREATH MAKING CLASS** – We hope everyone is ready to show their PATRIOTISM! Our wreath class this month is RED, WHITE and BLUE! Use it all Summer from Memorial Day, to the 4<sup>th</sup> of July and then for Labor Day! Class is Monday, April 13, 1pm. Class fee is \$25 and includes all supplies to take home a finished, ready to hang wreath! Call for a space, BUT, you must register and pay fee by Noon, Fri., April 10. Instructor is Nancy Williams.

**FITNESS ROOM** – Remember, we will have orientation for new clients the first Wednesday of every month at 11am. This service is provided by HealthPlex. Thanks to our partners at HealthPlex for their continued support!

**TUESDAY LUNCHEONS** – We have a “Covered Dish Lunch” every Tuesday. Great fellowship with informative speakers or entertainers. This month we will have: Amanda with the Audubon Society on April 7 BEFORE lunch; about 11:30am and Lynn Nix with Deaconess Hospice will have BINGO after lunch – Both on April 7. April 14 is our much anticipated PICNIC to the LIPPINCOTT'S. On April 21 we will have Amy Gregory from Singing River Hospital speaking on our Wellness. April 28 is “Show 'n Tell”. You will have the opportunity to go to the mic and show and tell about something special you want to share about. Call us, 769-8329, at the Center to sign up for Show 'n Tell. Everyone has a “Special Keepsake” and now it's time to SHOW 'N TELL... Tues., Apr. 28.

**D'Iberville Health Fair** – Thursday, April 16, 9am-11am, then a lunch stop. Cost: \$2 plus lunch money. Call to pre-register, then plan to pay your \$2 the day of the event.

“YOU ARE WHAT YOU EAT” - Mary Ellen Spalding will make a presentation on how to shop and what to shop for to eat healthy. Mary Ellen's findings, from extensive research she has done, will be presented on a level we can all understand. She simply wants to warn people on things like freshest quality foods, preservatives and shelf life. Mary Ellen will do two consecutive presentations, both on Wednesday at 10am; April 8 & 15. Call to pre-register, 769-8329.

**LULU'S** – Our very own “Spring Break at Gulf Shores” all wrapped up in a “Lunch outing to LULU'S at the HOMEPORTR MARINA”! Make plans to join us on Friday, April 24. Cost: \$25.

**POTTERY** – Interested in being a “Beginner Pottery Student”? Call the office to get on our list for the next classes. We have just begun classes for a new group and will start again about the 1<sup>st</sup> of June. Learn the “Best of Hand Building” with Debbie Hodges.

Golden Age Club Luncheon – Thursday, April 9.

COMING IN MAY...

**“Scene Night”** – Mac's acting class will present on May 7, 8 and 9.

**“Triad Round Table”** – Police Chiefs Pascagoula, Moss Point, Gautier and Ocean Springs and the Sheriff will talk about Crime Prevention and Senior Safety, Tue., May 5, lunch will be provided.

**“AARP Safe Driving”** – Wed., May 20, 8:30am.

FALL TRIP – There was talk of going on our Famous “Western Adventure”, however that trip will not be this year. We simply cannot do it without more notice to the vendors and the travelers. So we are planning something closer and shorter for this year and will announce our Fall and Christmas Trip(s) soon. Comments? Call Melani at the Center.

**THANKS TO ALL OF OUR VOLUNTEERS**

**THANKS TO HEALTHPLEX** for continuing to work with us in the Fitness Room for orientation.

**TUESDAY LUNCH AND SPECIAL EVENT VOLUNTEERS**–

Keys Higginbotham, Carol Cannon and Juanita Rauch. Even thou we miss Pee Wee and Louise and appreciate all their years of volunteer service, this new crew is also faithful and dependable! Thanks also to Margie for setting the tables and thanks to everyone else who helps out. **SPECIAL THANKS TO LOIS HORN, Exercise Leader AND EVA ROITHMAYR, Spanish Teacher for their dedication to their classes We could not have these classes without them!**

**Hope Everyone has a JOYOUS EASTER SEASON!  
OUR LORD IS RISEN! HE LIVES! FOR YOU AND ME.**

Sincerely, Melani Caver and the Senior Center Staff

# Pascagoula Senior Center

## 769-8329—April 2015



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
			<b>1</b> 8:15 am-Exercise 11am—Fitness Orientation 1pm—Pottery Class	<b>2</b> 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois  1:30-Acting Class/\$10/class	<b>3 Good Friday</b>  CENTER CLOSED	<b>4</b>  OUR VOLUNTEERS ARE SPECIAL!
<b>5 Easter Sunday</b>  	<b>6 8:15am-Exercise</b> 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00-Crochet 6:30 Bible Study	<b>7</b> 9:00-Spanish Class 10am-Lois—Exercise 11:30am-Auduban 12—Lunch 12:30—Deaconess Bingo 1:15pm-Canasta	<b>8</b> 8:15 am-Exercise 10am—Eat Healthy Class 1pm—Pottery Class	<b>9</b> 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois 11am-GOLDEN AGE CLUB 1:30-Acting Class/\$10/class	<b>10</b> 8:15 am-Exercise	<b>11</b>
<b>12</b>	<b>13 8:15am-Exercise</b> 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00- Wreath Making Class 1:00-Crochet 6:30 Bible Study	<b>14</b> 9:00-Spanish Class 10am- Lois Exercise 10:30am—Shuttle/Lippincotts Lunch-LIPPINCOTT PICNIC 1:15pm-Canasta	<b>15</b> 8:15 am-Exercise 10am-Eat Healthy Class 1pm-Pottery Class	<b>16</b> 9am- D'I Health Fair 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois 1:30-Acting Class/\$10/class	<b>17</b> 8:15 am-Exercise	<b>18 New Moon</b>
THANKS TO ALL OF OUR VOLUNTEERS!	<b>20 8:15am-Exercise</b> 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00-Crochet 6:30 Bible Study	<b>21</b> 9:00-Spanish Class 10am-Lois Exercise 12:00-Lunch - Amy, SRHS 1:15pm-Canasta	<b>22 Earth Day</b> 8:15 am-Exercise 1pm—Pottery Class	<b>23</b> 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois  1:30-Acting Class/\$10/class	<b>24 Arbor Day</b> 8:00am—Leave for LULU'S!  8:15 am-Exercise	<b>25</b>
<b>26</b>	<b>27 8:15am-Exercise</b> 9&10am-LineDance 10:30am-Yoga-\$10 12:30-4:00-Pottery 1:00—Bridge 1:00-Crochet 6:30 Bible Study	<b>28</b> 9:00-Spanish Class 10am-Lois Exercise 12:00-Lunch - Show 'n Tell 1:15pm-Canasta	<b>29</b> 8:15 am-Exercise 1pm—Pottery Class	<b>30</b> 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois  1:30-Acting Class/\$10/class		

Pascagoula Senior Center

# “Picnic at the Lippincott’s”

Tuesday, April 14, 2015 11am-1pm.

At the home of Bonnie and Chuck Lippincott  
8300 Humphrey Road, Vancleave, MS.

The Lippincott’s beautiful home sits in the middle of 80+ acres and features 2 barns, various gardens, majestic oak trees, 100 year old azalea bushes and two large fishing ponds.

Please call 228-769-8329 to pre-register and if you require transportation. Kayak Rides available with Outdoor Recreation Specialist Kristi Ducote.



Please bring a covered dish; a dessert, a vegetable dish or a salad. Fried catfish, Sweet, Unsweet Tea and Water will be provided.



# Pascagoula Senior Center Presents Our:



## DINNER AND DANCE

Friday, May 1, 2015

Dinner 5pm – Dance 6-8pm

Donation: \$5

Featured Entertainment

DUECES WILD

Join us for dinner from Ms. Bea's Kitchen,  
enjoy "easy listening" and Dance Music,  
A Military Salute and

Door Prizes. **Tickets go on sale April 3.**

Call the Center, 769-8329, for more information.

Pascagoula Senior Center

1912 Live Oak Ave.



**WWII** THE NATIONAL WWII MUSEUM  
NEW ORLEANS

**PASCAGOULA SENIOR TRAVEL CLUB  
PRESENTS:**

**A Day Trip to New Orleans Including the  
WORLD WAR II MUSEUM,  
4D Stage Production "Beyond All Boundaries"  
Lunch at TUJAQUES, and free time in the  
French Quarter. Deluxe Motorcoach Transportation.**

**DATE: THURSDAY, MAY 14, 2015**

**COST: \$75 PER PERSON**

**CALL THE SENIOR CENTER, 769-8329 FOR MORE INFORMATION.**

