

Pascagoula Senior Center
P.O Drawer 908 * 1912 Live Oak Ave.
Pascagoula, MS 39568
228-769-8329, 366-1551
www.cityofpascagoula.com
mjcaver@cityofpascagoula.com

September, 2012

Dear Friends:

“ISAAC” and the rains that were part of the storm interrupted things around here for a while. Each and every storm has its own characteristics. Isaac will be remembered by a lot of us for the relentless rain bands that made up the outer portion of the storm that seemed to linger! Hope you all did well and are ok... We are so grateful it wasn't worse, however we are still without phone and computer service.

LUAU – Rescheduled for Tuesday, Sept. 4.
This is the Tuesday after Labor Day.

OPEN LABOR DAY - We will be open Labor Day (City Holiday) for the fitness area, pottery and line dancing and getting ready for the Luau.

LUNCH BUNCH TRIP FROM AUGUST–
Rescheduled for Thurs., Sept. 6. We will leave early. SJ will call everyone the departure time. We postponed the trip that was scheduled for Thurs., August 30, due to ISAAC. If you registered and paid for the August Lunch Bunch and cannot go on Sept. 6, let us know. WE WILL ASSUME EVERYONE WE DON'T HEAR FROM IS PLANNING TO GO ON THE NEW DATE!

Thanks to everyone who helped make our Summer Music Fest and Dance such a tremendous success. We collected lots of food items for Our Daily Bread as well as some generous cash donations! Ms. Bea's kitchen was a hit with our guests. Thanks to Dot for providing an array of desserts and Louise, Pee Wee and Jo, our kitchen staff and Sgt. Sarah Jim for collecting admissions!

NEW EXERCISE CLASS – We are planning to have another exercise class in addition to Neil's. Lois Horn, who is retired from Singing

River Hospital and has taught off and on for nearly 30 years, has agreed to teach a routine for us twice a week. It will be Tuesday and Friday 10-11am and will be a very low-impact aerobic exercise and dance routine with optional “small steps” and even some “kick-boxing”. It's going to be a fat-burning, toning and cardio opportunity designed for Seniors to get moving to the beat of some groovy tunes! Give it a try! Begins Sept. 11. No fee.

A NEW EVENING BIBLE STUDY CLASS –
The class is interdenominational and will meet each Monday evening 6:30-7:30pm at the Senior Center. The study is led by James V. Miller, long time pastor, church staffer and Bible teacher. The class is for men and women and is entitled “Life Lessons 101”. Session I will be “The Judas in All of Us”. Class begins Sept. 17. There is no fee and everyone is welcome.

“9 to 5 – The Musical” – At Mobile Theatre Guild. We still have a few spaces to the Friday, Sept. 7, performance. Tickets - \$15 each. Call right away.

Tuesday Luncheon Guests for this month:
Tues., Sept. 4, Paige Roberts with the Red Cross to discuss “language barriers”.
Tues., Sept. 11, Gulf Coast Audiology to discuss hearing issues and options.
Tues., Sept. 18 – “BINGO”; 10 games with prizes!
Tues., Sept. 25 – Robert Weathersby with some good guitar music and singing with Kelly T.

WEDNESDAY MORNING GAME TIME –
Join us for Dominos, Cards, Checkers and more each Wednesday morning from 9-11:30am. Did I mention fellowship and fun??

WEDNESDAY AFTERNOON AT THE MOVIES –We show the newest ones from Block Buster as well as some of your old favorites. We will show a different one each Wed. in Sept. at 1:30pm. You may call us from week-to-week to see what's playing. We have to blame Isaac for not having a list ready!

WELCOME TO ALL OUR NEW POTTERY STUDENTS!

Sincerely, Melani Caver and the Senior Center Staff



September 2012

Pascagoula Senior Center

769-8329



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>“If you keep the royal law prescribed in the Scripture, ‘Love your neighbor as yourself; you are doing well.’</p> <p style="text-align: right;">—James 2:8</p>						1
<u>2</u>	<u>3</u> LABOR DAY Partially open for: Fitness, Pottery, Line Dancing, and Luau preparation.	<u>4</u> 8:00-10:00 Fitness Orientation. *12N-Lunch- LUAU And Paige Roberts 1:15pm-Canasta	<u>5</u> 8:30-9:00am Exercise 9-11:30am Sr Fun Time 1:30—Movie Pottery	<u>6</u> 9:00am-Line Dance 10:00am-Bible Study *One-Stop,Shop’nEat Lunch Bunch \$20. 5-8-Pottery	<u>7</u> 8:30-9:00am-Exercise 6:00pm LvCtr-Mobile Theatre Guild-’9to5 Mu- sical. \$15.	<u>8</u>
<u>9</u>	<u>10</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet	<u>11</u> -8:00-10:00 Fitness Orientation. **10-11am NEW Exer 12N-GulfCoast Audio 1:15pm-Canasta 1&5pm-Pottery	<u>12</u> 8:30-9:00am Exercise 9-11:30am Sr Fun Time 1:30—Movie Pottery	<u>13</u> 9:00am-Line Dance 10:00am-Bible Study 11:00am-GoldenAge Club 5-8 Pottery	<u>14</u> 8:30-9:00am-Exercise **10-11am NEW Sr.Ex/	<u>15</u> 11:45 Lv.Ctr LineDancers St.Peters’ Church Bazaar 12-1.
<u>16</u>	<u>17</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm—Crochet 6:30-7:30 pm NEW BibleStudy-J.Miller	<u>18</u> 8:00-10:00 Fitness Orientation. **10-11am NEW Exer 12N-Lunch—Bingo 1:15pm-Canasta 1&5pm-Pottery	<u>19</u> 8:30-9:00am Exercise 9-11:30am Sr Fun Time 1:30—Movie Pottery	<u>20</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery	<u>21</u> 8:30-9:00am-Exercise **10-11am NEW Sr.Ex/	<u>22</u>
<u>23</u>	<u>24</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet 6:30-7:30 pm NEW BibleStudy-J.Miller	<u>25</u> 8:00-10:00 Fitness Orientation. **10-11am NEW Exer 12N-Lunch-R.Weath- ersby&K.Thibault 1:15pm-Canasta 1&5pm-Pottery	<u>26</u> 8:30-9:00am Exercise 9-11:30am Sr Fun Time 1:30—Movie Pottery (PamB’day)	<u>27</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery	<u>28</u> 8:30-9:00am-Exercise **10-11am NEW Sr.Ex/	<u>29</u>
<u>30</u>	<p>* Indicates carry-over from August calendar. ** New Sr.Exercise Program with Lois Horn.</p>					