

Pascagoula Senior Center
P.O. Drawer 908 * 1912 Live Oak Ave.
Pascagoula, MS 39568
228-769-8329
mjcaver@cityofpascagoula.com

March, 2013

Dear Friends:

Tuesday Lunch Guests in March:

March 5 – Claire Albright with The Literacy Council.
March 12 – Joe Huffman, Pascagoula City Manager;
“State of the City”. (Sorry, no music today!)
March 19 – Dr. Chris Wiggins, Local Historian with his new
book AND some interesting facts!
March 26 – Nicole Etheridge, on The “Chili Cookoff”,
AND, another round of “SHOW AND TELL”.
Plan to bring something to show and tell us all about it!

DAY TRIP– Stennis Space Center Tour including The Infinity
Science Center. Wednesday, March 20. We will leave the
Senior Center at 8:30am and enjoy about 2 hours at Stennis.
Lunch will be included. Cost-\$25 each. Beginning 8am,
Monday, March 4, everyone must register.

SPRING WREATH MAKING CLASSES – We are going to have
the opportunity to re-create the one on Sarah Jim’s door. (It’s
made from large and small mesh ribbon.) AND/OR a more
traditional one. Cost for the class is \$15 per person, per class
and includes all supplies. Class I (Mesh Ribbon Class)– Wed.,
March 13, 9:30-11am. A more traditional approach with a
floral design will be offered in Class II –Thu., March 14, 1:30-
3pm. Must pre-register for either class by 5pm, Mon., Mar. 11.

AARP SAFE DRIVING CLASS – Wed., March 13, 12Noon -
4:30pm. Class will offer rules of the road, defensive driving,
and lots on safety in age-related changes in vision, hearing
and reaction time. Call to pre-register, 769- 8329. Cost: \$12
for AARP members, \$14 for non-members; due at class.

“ANNUAL PICNIC at CHUCK AND BONNIE’S”

Our dear friends from Vancleave, Bonnie and Chuck
Lippincott have again graciously invited us to their home for
a “Spring Picnic”. The date is Tuesday, April 2. We will
provide transportation from the Center leaving @ 10am. For
those who plan to drive, the address is 8300 Humphrey Rd.,
Vancleave. From Hwy. 57, turn left (West) at the Chevron
Station and drive 2 miles. It’s on the right. To make sure we
have enough transportation, please call or drop by and let us
know you plan to go; 769-8329. We have invited the
‘Singing Ladies’ from Helena Presbyterian to perform.

GOLDEN AGE CLUB – Thurs., March 14, 11:00am. FUN,
FOOD, FELLOWSHIP AND BINGO! 2nd Thurs. monthly.
EXERCISE WITH LOIS – Tue/Thur 10am. Join the fit team!
EXERCISE WITH NEIL – Mon/Wed/Fri 8:15am-
DOMINOS – Wed 9-11am
2nd ANNUAL CHILI COOK-OFF – Thurs., Mar. 28.
10:30am-2pm. See enclosed flyer for details.

ART WITH JANNIE – All classes meet Monday 1-4pm and are
\$15 each which includes ALL supplies! Take home a finished
painting of “one stroke” on canvas– flowers or landscape.
March 4-Daisies, March 11-Lighthouse on beach; March 18-
Cherry blossoms/bud. Call right away to pre-register.



2013 MARDI GRAS COURT - Peggy Cooper and Mitch Lofton,
Sandra Brooks and Terry Scott, Joan Abernathy and Travis
Dunsford, King Bryan Brooks and Queen Pencie Pope,
Outgoing King and Queen, Tom Butler and Evelyn Jones,
Mary Dickinson and Bryan Alford, Mary Massey and Leroy
Evans. Thanks and CONGRATULATIONS to all! A special
thanks to Sgt. John Morosky, our MC; Benny Brown, from
Recreation, our music Tech; the Jackson County Evening Civic
League; the Pascagoula Police Department for providing our
distinguished escorts; our kitchen staff - Pam, Louise, Cecile,
Jo, Pee-Wee, Ms. Bea (our court attendant) and our audience!

PASCAGOULA PUBLIC LIBRARY will host Author, James
Meredith, the first black student at the University of Mississippi
in 1962. The event is Thursday, Mar. 7, beginning at 12
Noon. Copies of his book, “A Mission From God” will be
available for purchase. Refreshments will be served. For
more information call the library, 769-3060.

CROCHET – A lovely group of ladies meets on Mondays
1-2pm to exchange ideas and patterns

FITNESS AREA – Opens daily at 6am for the “early birds”.
Orientation is held each Wed., 11-12am. Come join the fun
and get a fantastic workout at your own pace.

PASCAGOULA SENIOR CENTER, AARP AND TRIAD will offer
“Dancing with the Seniors”. A fun filled day with dance
music, dance lessons, games, safety tips and lunch. **SAVE THE
DATE - FRIDAY, APRIL 19, 10am-2pm @ Pascagoula Senior
Center.** Call for more info. or to help, 769-8329.

BIBLE STUDY OPPORTUNITIES:

Ladies Class with Judy Caroway-Thurs., 10-11:15am;
Co-ed class with James Miller-Mon. 6:30-7:30pm;
NEW – Bible Prophecy video series begins Mon., Mar. 4, 11:30
am- 12:30pm. Call for more information.

THANKS – Ellen Cole, CP Winters-Flowers; Pascagoula Garden
Club-shrubs out front, Irene L.-doll display; 4-Seasons-trees!
BLESSINGS COME EVERY DAY AND WE ARE SO THANKFUL!

SIGN LANGUAGE – First learn the alphabet, then words, and
before you know it, you’ll be singing in SIGN! Class meets on
Tuesday, 11-11:30am for 4 weeks and is taught by Linda
Ramsey. Begins March 5.

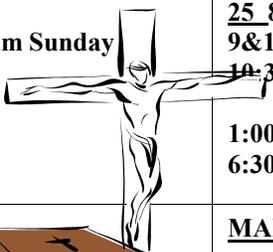
DAYTRIP TO FAIRHOPE – Fri., March 15, 8:00am-4pm
Cost: \$10. Limited seats; lunch on your own. Lots and lots
of walking! It’s the Annual Fairhope Arts/Crafts Festival.
SINCERELY, Melani Caver and the Senior Center Staff

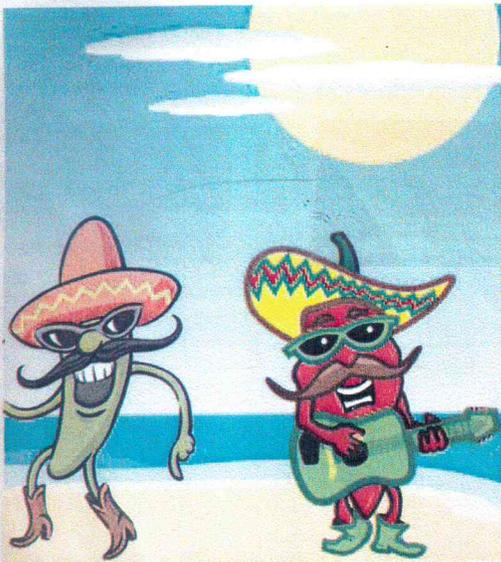


March 2013

Pascagoula Senior Center—769-8329



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i><u>"Tomorrow is a mystery, Today is a gift. That is why it is called the present."</u></i> - - - - Eleanor Roosevelt</p>					<p><u>1</u> 8:15am -Exercise.</p>	<p><u>2</u></p>
<p><u>3</u> </p>	<p><u>4</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga 11:30-12:30VideoSers 1-4pmJannieArtCls \$15 1:00-Bridge 1:00pm-Crochet 6:30pm-BibleStudy</p>	<p><u>5</u> 8:15am-Exercise 10am-Sr.Exercise 11:00-Sign LangugeCls For four (4) weeks. 12:00-Lunch-Claire Albright w/LiteracyCounl 1:15pm-Canasta 5-8pm-Pottery</p>	<p><u>6</u> 8:15am-Exercise 9-11:30am SrFunTm 11-12FitnessOrien 1-4pm--Pottery</p>	<p><u>7</u> 9:00am-Line Dance 10:00am- BibleStudy- 10am-Sr. Exercise with Lois 12N-JamesMeeredith At the Library. 5-8-Pottery</p>	<p><u>8</u> 8:15am -Exercise.</p>	<p><u>9</u></p>
<p><u>10</u> Daylight Saving Time Begins.</p>	<p><u>11</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga 1-4pmJannieArt Class-\$15 1:00pm-Crochet 6:30pm-BibleStudy</p>	<p><u>12</u> 8:15am-Exercise 10am-Sr.Exercise 12:00 --Lunch-Joe Huffman, City Mgr., "State of the City". 1:15pm-Canasta 5-8pm-Pottery</p>	<p><u>13</u> 8:15amExercise 9-11:30am SrFunTm 9:30-11am Wreath- MakingClass—\$15. 11-12FitnessOrien 12-4:30-SafeDriving 1-4pm-Pottery-</p>	<p><u>14</u> 9:00am-Line Dance 10:00- Sr Exercise wLois 10:00am-BibleStudy 11:00am-GoldenAge 1:30-3pm-WreathMaking Class-\$15. 5-8 Pottery</p>	<p><u>15</u> 8:15am -Exercise. 8:00-4:00 -Fairhope AnnualFairhope Arts/Crafts Festival. \$10.00</p>	<p><u>16</u></p>
<p><u>17</u> St.Patrick's Day </p>	<p><u>18</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga 1-4pmJannieArtCls\$15 1:00-Bridge 1:00pm-Crochet 6:30pm-BibleStudy</p>	<p><u>19</u> 8:15am-Exercise 10am-Sr.Exercise 12:00-Lunch-Dr.Chris Wiggins W/book. (Historian) 1:15pm-Canasta 5-8pm-Pottery-</p>	<p><u>20</u> SpringBegins! 8:30Trip to Stennis. \$25.00. 8:15amExercise 9-11:30am SrFunTm 11-12FitnessOrien 1-4pm-Pottery-</p>	<p><u>21</u> 9:00am-Line Dance 10:00am-BibleStudy 10am-Sr.Exercise with Lois 5-8-Pottery</p>	<p><u>22</u> 8:15am -Exercise.</p>	<p><u>23</u></p>
<p><u>24</u> Palm Sunday </p>	<p><u>25</u> 8:15am-Exercise 9&10am-LineDance 10:30am-Yoga 1:00pm-Crochet 6:30pm-BibleStudy</p>	<p><u>26</u> 8:15am-Exercise 10am-Sr.Exercise 12:00- Lunch-NicoleE, Re ChiliCookOff & ShowAnd Tell 1:15pm-Canasta 5-8pm-Pottery</p>	<p><u>27</u> 8:15amExercise 9-11:30am SrFunTm 11-12FitnessOrien 1-4pm-Pottery-</p>	<p><u>28</u> 9:00am-Line Dance 10:00am-BibleStudy 10am-Sr.Exercise with Lois <u>10-2:00-ChiliCookOff.</u> 5-8-Pottery</p>	<p><u>29</u> <u>GOOD FRIDAY</u> <u>CENTER CLOSED</u></p>	<p><u>30</u> </p>
<p><u>31</u> </p>	<p><u>MARCH 31</u> E A S T E R</p>					
<p><i>H E I S R I S E N</i></p>						



Calling All **SENIORS** to...

Our 2nd Annual

Senior Chili Cook-Off

"Chili on the Coast"

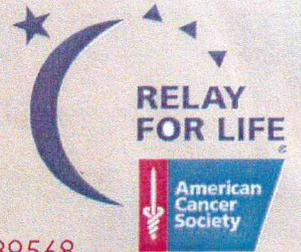
Thursday, March 28, 2013

10:30am - 2:00pm

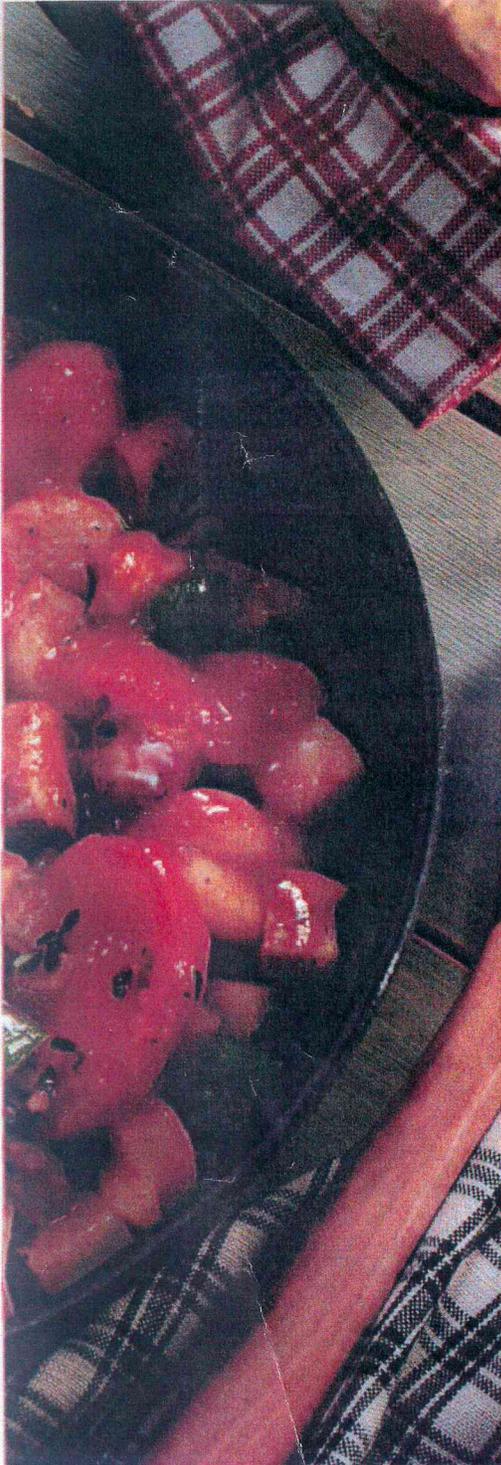
1:30pm - Winner Announced

Pascagoula Senior Center

1912 Live Oak Avenue, Pascagoula, MS 39568



** All proceeds will benefit the American Cancer Society*



\$1 Admission and taste all Chili entries.

Your vote helps pick the winner.

SOUPS, SALADS, SANDWICHES, DESSERTS—\$1 EACH

Visit each CHILI SPONSOR, sample all entries and learn about services geared towards SENIOR LIVING AND WELLNESS ENTERTAINMENT & DOOR PRIZES!

For Information, call: Pascagoula Senior Center, 769-8329

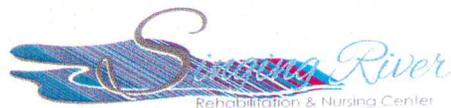
Presented by:



BACOT/McCARTY
FOUNDATION



Sponsored By:





MISSISSIPPI GULF COAST SENIOR GAMES APRIL 13-20, 2013

PARTICIPANTS MUST BE 50+

EVENTS

- 5k Run/Walk
- Ballroom Dance
- Basketball
- Bocce Ball
- Bowling
- Cycling
- Golf
- Horseshoes
- Karaoke
- Line Dancing
- Pickle Ball
- Racquetball
- Shuffleboard
- Swimming
- Table Tennis
- Tennis
- Track & Field
- Volleyball

*Events are subject to change depending upon participation interest.

For more information, contact Lucy Bickham

Email: msgcsg@aol.com

Phone: (228) 896-5683

www.gulfcoastseniorgames.org

To receive registration information please fill out the form below. Detach the form and mail to COB/MSGCSG, P.O. Box 6556 D'Iberville, MS 39540 OR email in-formation to MSGCSG@aol.com. Registration form will be available to download from our web site <http://www.gulfcoastseniorgames.org>.

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Age Group:

- 50-54 60-64 70-74 80-84
 55-59 65-69 75-79 85+

Event Interest (please check all of the events that are of interest):

- | | | |
|---|---------------------------------------|--|
| <input type="checkbox"/> 5k Run/Walk | <input type="checkbox"/> Golf | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Ballroom Dance | <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Swimming |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Karaoke | <input type="checkbox"/> Table Tennis |
| <input type="checkbox"/> Bocce Ball | <input type="checkbox"/> Line Dancing | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Bowling | <input type="checkbox"/> Pickle Ball | <input type="checkbox"/> Track & Field |
| <input type="checkbox"/> Cycling | <input type="checkbox"/> Racquetball | <input type="checkbox"/> Volleyball |



Mail to:
COB/MSGCSG
P.O. Box 6556
D'Iberville, MS 39540