

Pascagoula Senior Center

P.O. Drawer 908 – 1912 Live Oak Ave.

Pascagoula, MS 39567

228-769-8329 mjcaver@cityofpascagoula.com

June, 2012

Dear Friends:

Thanks so much to everyone who helped make our picnic outdoors in May such a success. We are pleased to announce that we will do that again! Watch for details in upcoming newsletters. In the meantime, anyone who would like to start a horseshoe match, call us! I.L. Lett is the current champion with Margie a close second. We also had some very impressive ping pong matches! Thanks to Natalie (Healthplex) and Ron our ping pong champ!

We are beginning a new indoor opportunity for those who are simply looking for a social gathering; a way to interact with other Seniors. Whether you choose to play cards, dominos, ping pong, billiards, watch TV, sit on one of the porches or just to enjoy the company of others, this may be for you. Seniors can come to the center on Wednesday mornings from 9-11am; no covered dish – no dues... just the desire for fellowship with other seniors. The staff will provide coffee and a snack. This opportunity is for those who may not be as active as others or may have to depend on someone else that drives. We want everyone to enjoy the benefits of our senior center. If there is enough interest, we could possibly expand. Call to let us know you are interested in our new **WEDNESDAY MORNING SENIORS' SOCIAL**. Everyone must be registered with us and call to let us know you are coming. The first gathering of the new **WEDNESDAY MORNING SENIOR SOCIAL** will be June 6. If this looks like a good idea to you and the day/time aren't good, call and let us know.

“THE ROARING TWENTIES” is the theme of this Summer's Senior Awareness Event that will be held at the Civic Center on June 14, 9am-2pm. The day will be filled with Entertainment, Lunch, Door Prizes, Military Salute, Informative Booths and much more to honor our SENIOR ADULTS! Pre-registration is NOT required. Roaring Twenties attire optional. Come early, stay late, learn a lot, be entertained, enjoy the food and fellowship and leave happy and enlightened. Call the center if you have questions.

LUNCH BUNCH – “Lulu's” – Friday, June 29, 7:30am. We will play tourist, have lunch, maybe shop a little. \$20 per person.

HAND MADE GREETING CARDS from scratch
A truly beautiful art form, known as Iris Paper Folding, at a one-time class taught by our own Jeanette Thomas, will be held on Friday, June 8, 10am-Noon. Card class is \$10 and includes all supplies. Just bring your scissors and a willingness to learn. Call Sarah Jim to get on the list, 769-8329.

NEW POTTERY CLASSES – We have a new 6 week session in beginner hand-building pottery classes beginning June 19 and 20. Class meets either Wednesday 1-4pm or Tuesday and Thursday 5-8pm. Cost is \$35 and includes 25# clay, all supplies and firings. This is the only way to become a member of the elite, West Wing Potters' Association. Call the Center to get on the list, 769-8329

SINGING RIVER REHAB and NURSING CENTER- Nicole is hosting a **PATRIOTIC TRIBUTE** on Thur., June 29, 8am-Noon, to honor **VETERANS** in their side court yard, 3401 Main St., Moss Point. There will be a “MY HERO” contest, Health Care/Service exhibitors, lunch, door prizes, entertainment and more. Entry forms for “MY HERO”, to nominate a veteran – past or present, can be picked up at the Senior Center. Please call Nicole @ 369-1281 for details.

HAT DAY – We really enjoyed making and modeling our hats made in the class offered in May. Thanks Nicole from SR Rehab and Brenda from Burnham's for all your help.

MEN'S BIBLE STUDY - Non-denominational meetings on Wed., 12 Noon or Fri., 6-7pm. Call if you would like to be a part of this scripture study. Instructor, Bro. Brad Asbury, 228-369-0393.

SRHS LEGAL SEMINAR – See enclosed flyer. ALSO, Celeste, staff attorney with Singing River Hospital Systems, will be our Tuesday Lunch guest on June 12 to make a presentation and answer questions regarding the upcoming seminar. If you have questions, call 497-7470.

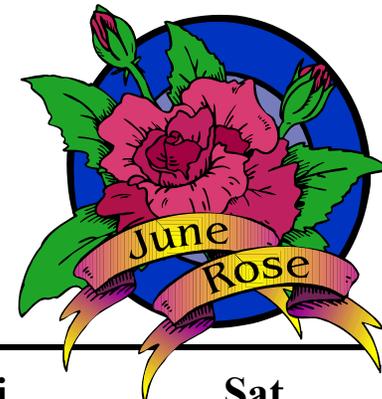
FALL/CHRISTMAS TRIP – See enclosed flyer.

LINE DANCERS – “Roaring Twenties”-June 14, meet @ Civic Center 10:30am. Sunplex and Riverchase-June 21, leave Center 12:30pm.

Sincerely, Melani Caver and the Senior Center Staff



JUNE, 2012
Pascagoula Senior Center
769-8329



<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
 <p>“Listen to your father, who gave you life. The father of a righteous man has great joy: he who has a wise son delights in him.”</p> <p style="text-align: right;">—Prov. 23:22,24</p>					<u>1</u> 8:30-9:00am-Exercise	<u>2</u>
<u>3</u> Travel Club Returns From Spring Trip!	<u>4</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet	<u>5</u> 8:00-10:00 Fitness Orientation. 12N-Luncheon 1:15pm-Canasta 1&5pm-Pottery	<u>6</u> 8:30-9:00amExercise 9-11am –Senior Social Time	<u>7</u> 9:00am-Line Dance 10:00am-Bible Study 11:00am-GoldenAge 5-8-Pottery	<u>8</u> 8:30-9:00am-Exercise 10:00-12:00 Iris Paper Folding (card making) Jeanette Thomas. \$10.00	<u>9</u>
<u>10</u>	<u>11</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm—Crochet	<u>12</u> 8:00-10:00 Fitness Orientation. 12N-Luncheon –Spk Staff Attorney,SRHS 1:15pm-Canasta 1&5pm-Pottery	<u>13</u> 8:30-9:00amExercise 9-11am –Senior Social Time Pottery	<u>14</u> FLAG DAY 9am-2pmCivicCtr SummerSr.Aware 9:00am-Line Dance 10:00am-Bible Study 11-2 CitySvcAwards 5-8 Pottery	<u>15</u> 8:30-9:00am-Exercise	<u>16</u>
<u>17</u>	 Father's Day <u>18</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet	<u>19</u> 8:00-10:00 Fitness Orientation. 12N-Luncheon 1:15pm-Canasta 5-8pm-Pottery(\$35)	<u>20</u> 8:30-9:00amExercise 9-11-Sr.SocialTime 9-11-SngRvHospital Seminar- 1-4-Pottery(\$35)	<u>21</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery	<u>22</u> 8:30-9:00am-Exercise	<u>23</u>
<u>24</u>	<u>25</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm—Crochet	<u>26</u> 8:00-10:00 Fitness Orientation. 12N-Luncheon 1:15pm-Canasta 5-8pm-Pottery	<u>27</u> 8:30-9:00amExercise 9-11am –Senior Social Time 1-4-Pottery	<u>28</u> 9:00am-Line Dance 10:00am-Bible Study 5-8pm-Pottery	<u>29</u> 8:30-9:00am-Exercise 8:00am-LUNCH BUNCH—LuLu’s 8-Noon-PatrioticTribute 3401 MnSt.,MsPt.	<u>30</u>

Taking Care of Business... While You Can

A FREE Seminar on Advance Health Directives, Wills, Powers of Attorney, Conservatorship, and Related Topics

Wednesday, June 20, 9 a.m. - 11 a.m.

Live Oak Room

Pascagoula Senior Center

1912 Live Oak Ave | Pascagoula

(Limited seating available to the first 75 attendees.)

Join us for refreshments and learn more about the following topics:

Advance Health Care Directives

Let your physician and loved ones know your health care preferences, and ensure the quality of life that is important to you

Wills

Provide for and protect your family

Powers of Attorney

Allows you to appoint an individual to handle your affairs if you are unable to do so yourself

Conservatorships

Allows a judge-appointed individual to make decisions for you if you are unable to due to physical or mental limitations

Navigating Through Medicare

Guidance on key definitions and components of Medicare

Medication Safety & Avoiding Falls

Includes helpful information for seniors to avoid mishaps related to medication errors and falls

Speakers:

Stephanie Barnes Taylor, JD, CCEP,
Chief Compliance Officer
Singing River Health System

Celeste Reep Oglesby, Esq.
Staff Attorney
Singing River Health System

Abner C. Oglesby, Esq.
Oglesby Law Firm, PLLC

The Compliance and Legal Services Department
Singing River Health System

Registration is required.

**Call 228-497-7470 or
visit mysrhs.com to register.**



Pascagoula Senior Travel Club

Presents:

“FALL” and “CHRISTMAS” in ONE!

Biltmore, Pigeon Forge, Dollywood, the Smokies

November, 12-17, 2012

Cost: \$869 double

Trip Includes: Two nights accommodations in Ashville; 3 in Pigeon Forge; 5 festive dinners; breakfast every day, 4 shows—“Cat on a Hot Time Roof”, Country Tonite and the Smith Family Christmas Shows, and Christmas at the Opry. Candlelight and Daytime tours @ Biltmore Estates, Great Smoky Mountains guided tour and guided tours in Ashville and Pigeon Forge. National Gingerbread display and Historic Grove Park Inn and an afternoon @ DOLLYWOOD for lots of Christmas shows, shopping, food and fun! Gratuities and baggage handling included. \$100 deposit due beginning 6/4/2012; balances 10/1/2012. 228-769-8329

Deadline to reserve your spot is July 2, 2012

