

**Pascagoula Senior Center**  
**P.O. Drawer 908 \* 1912 Live Oak Ave**  
**Pascagoula, MS 39568**  
**228-769-8329**

[mjcaver@cityofpascagoula.com](mailto:mjcaver@cityofpascagoula.com)  
[www.cityofpascagoula.com](http://www.cityofpascagoula.com)

June, 2015

Dear Friends:

OUR ANNUAL INDEPENDENCE DAY PICNIC AT BEACH PARK – Tuesday, June 30, 10:30am-1pm. We will sing patriotic songs and enjoy performances by the Upbeat Line Dancers. Lunch will be provided and will include Grilled Hamburgers, Potato Salad, Baked Beans, Watermelon and Ice Cream Sundaes. Join us for our patriotic tribute and a wonderful picnic at Pascagoula's historic and beautiful Beach Park.

“PASCAGOULA DAY at the JACKSON COUNTY WELCOME CENTER” – Friday, June 19. 9am-1:00pm. We will promote all that's good about our city while serving homemade cookies to travelers. What a day and what an experience! WE MEET PEOPLE FROM LITERALLY ALL OVER THE WORLD! Plan to join us and make cookies to serve. Call the office, 769-8329, to sign up to ride or to make cookies or both!

“WILD, WILD WEST” – That's the theme of the Summer 2015 Jackson County Senior Awareness Committee's GIANT PARTY FOR SENIOR ADULTS. The event is Thursday, June 11, from 9am-2pm at The Jackson County Civic Center at the Fair Grounds. Western wear is optional,“ pardners”! Fun is guaranteed. Vendors who offer products and services for seniors will be on hand with lots of handouts and door prizes and a great lunch is included. How about a photo with a cowboy? All this is free and open to all Jackson County Senior Adults. Make plans to join us for more fun than is allowed with your boots on! Yeee-Haaa!!!

NEW POTTERY CLASSES BEGINNING IN JUNE!! Call to get on our list, 769-8329 and find out what day/times class meets. Debbie Hodges, instructor.

NEW BIBLE STUDY BEGINS ON JUNE 18. Judy Caraway is the instructor and we will begin a new Jennifer Roithschild study entitled “Missing Pieces”. Class meets every Thursday, from 10-11am.

Pascagoula Senior Center and HealthPlex offer an outstanding opportunity in total fitness in our state of the art “Fitness Center”. We are open Monday-Friday, 6am-5pm. HealthPlex professionals offer orientation to new clients the first Wednesday of each month at 11am. Workouts are not monitored and everyone must have a current release form on file. Call the center, 769-8329, for more information or to begin your fitness routine.

ALLSTATE FINANCIAL ADVICE – Are you interested in financial topics with retirement and estate planning? Allstate representatives will cover the basics of estate planning and easy ways to protect your assets for your loved ones. They may just have the answer to questions that concern you! ALLSTATE Agent Joe Millette's associates, Shane A. Hard, MBA, AAMS, and April Williams will present and be on hand for questions BEFORE Tuesday lunch on June 9, 11:30am.

SOUTHERN CARE HOSPICE SERVICE – Will be here at Tuesday lunch on June 2. Tim Jones will speak on their behalf - before lunch, 11:30am

SOUTHERN CARE TO OFFER BLOOD PRESSURE CHECKS – The first Tuesday of each month beginning June 2, our friends with Southern Care will offer blood pressure screenings between 10:30-11:30am.

SUMMER MISSIONS FEEDING PROGRAM – We are fortunate to have a group of Missionaries on hand for the Summer providing “home repair” help for some of our own Seniors. We would like to offer four Wednesday night dinners for the workers at our center during the month of July but need help gathering groceries and supplies. TJ Johnson with Johnson's Personal Care Home and Clark with Singing River Health and Rehab are both sponsoring supplies for the “Wednesday night feeds”. If anyone else is interested and able to help, please give us a call, 769-8329.

Christian Singer Ramona Roberts will bless us with her voice on Tuesday, June 16. Can I have an AMEN??

Evening Bible Study with Brother James Miller resumes on June 9. His class meets each Monday 6:30pm-7:30pm

THERE IS A NEW NEWSPAPER COMING TO TOWN!! Mr. Scott Stradtner is the editor and he will present his concept of the town's NEW newspaper to us on Tuesday, June 23, as our lunch guest! Don't miss this opportunity!

EXERCISE WITH LOIS – Tues. and Thurs. 10-11am They are “getting down” with some great 80's music and really toning up. Join anytime.

Exercise with Neil and Anna – Mon, Wed, Fri - 8:15am.

“You are What You Eat” – Group discussion on eating healthy with Mary Ellen Spalding. Wed., June 10, 10am.

FALL TRIP 2015 - Chicago – The WINDY CITY on LAKE MICHIGAN! Oct. 11-17 - \$699. “Tommy Guns Dinner Theatre, Willis Tower, Harbor Tour on Chicago River and Lake Michigan, Shopping – The Magnificent mile, lots of Historic Touring and meals included. \$100 deposits due now.

Thanks to all who made Ms. Bea's Birthday so special! “She's not getting older, she's getting better

Sincerely,  
Melani J. Caver and the Senior Center Staff



# June 2015

HELLO  
JUNE



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b><u>NEW Pottery Classes begin This Month Call to get on List.</u></b></p>	<p><b><u>1</u></b> 8:15am-Exercise 9&amp;10am-LineDance 10:30am-Yoga-\$10 1:00-Bridge 1:00-Crochet</p>	<p><b><u>2</u></b> FIRST TUE. EA.MO BLOOD PRESSURE CHKED-10:30-11:30AM 10am- Lois Exercise 11:30-SouthernCare Hospice Service BEFORE 12:00-Lunch. 1:15pm-Canasta</p>	<p><b><u>3</u></b> 8:15 am-Exercise  11:00-Fitness Orientation</p>	<p><b><u>4</u></b> 9:00- Line Dancing  10:00ExerciseWLois  1:00-Acting Class</p>	<p><b><u>5</u></b> 8:15 am-Exercise</p>	<p><b><u>6</u></b> TRAVELERS BACK FROM BRANSON!YEA Hope their trip was GOOD!</p>	
<p><b><u>7</u></b> June Brides -</p> 	<p><b><u>8</u></b> 8:15am-Exercise 9&amp;10am-LineDance 10:30am-Yoga-\$10 1:00-Crochet 6:30 Bible Study Resumes Tonight.</p>	<p><b><u>9</u></b> 9:00-Spanish Class 10am-Lois Exercise 11:30-AllStateFincial Advice -BEFORE 12:00-Lunch 1:15pm-Canasta</p>	<p><b><u>10</u></b> 8:15 am-Exercise 10:00-"You Are What You Eat"-Eating Healthy w/MaryEllen Spalding</p>	<p><b><u>11</u></b> 9:00- Line Dancing 9:00-2:00"Wild,WildWest JxCtyCivicCenter-<u>AllSrs.</u> Summer2015.JxCtySenior AwarenessCommitteeSponsor 10:00ExerciseWLois 1:00-Acting Class</p>	<p><b><u>12</u></b> 8:15 am-Exercise  8:15PM-:Movie Night UnderTheStar PointPark</p>	<p><b><u>13</u></b></p> 	
<p><b><u>14</u></b></p> 	<p><b><u>15</u></b> 8:15am-Exercise 9&amp;10am-LineDance 10:30am-Yoga-\$10 1:00 Bridge 1:00-Crochet 6:30 Bible Study</p>	<p><b><u>16</u></b> 9:00-Spanish Class 10am-Lois Exercise 12:00-Lunch - Ramona Roberts to sing for us! (Sue&amp;TomButler's Child) 1:15pm-Canasta</p>	<p><b><u>17</u></b> 8:15 am-Exercise</p>	<p><b><u>18</u></b> 9:00- Line Dancing 10:00- NEW Bible Study begins-Instructor, Judy Caraway. 10:00ExerciseWLois 11:00-GoldenAgeClub 1:00 Acting Class</p>	<p><b><u>19</u></b> 8:15 am-Exercise 9:00-1:00-"Pascagoula Day"@JacksonCounty Welcome Center—Make Cookies&amp;ComeOnDown! Call and tell us what u r doing</p>	<p><b><u>20</u></b></p> 	
<p><b><u>21</u></b> Father's Day</p> 	<p><b><u>22</u></b> 8:15am-Exercise 9&amp;10am-LineDance 10:30am-Yoga-\$10  1:00-Crochet 6:30 Bible Study</p>	<p><b><u>23</u></b> 9:00-Spanish Class 10am-Lois Exercise 12:00-Lunch - NewNews- paper coming!!Mr.Scott Stradtner is Speaker! 1:15pm-Canasta</p>	<p><b><u>24</u></b> 8:15 am-Exercise</p>	<p><b><u>25</u></b> 9:00- Line Dancing 10:00-Bible Study 10:00ExerciseWLois  1:00-Acting Class</p>	<p><b><u>26</u></b> 8:15 am-Exercise</p>	<p><b><u>27</u></b></p> 	
<p><b><u>28</u></b></p> 	<p><b><u>29</u></b> 8:15am-Exercise 9&amp;10am-LineDance 10:30am-Yoga-\$10  1:00-Crochet 6:30 Bible Study</p>	<p><b><u>30</u></b> 9:00-Spanish Class 10am-Lois Exercise 10:30-1:00-Annual Inde- pendence Day@The BeachPark-LnchProvided 1:15pm-Canasta</p>	<p>"The most important commandment , answered Jesus "is this; 'Hear , O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, and with all your soul and with all your mind and with all your strength. The second is this; 'Love your neighbor as yourself.' There is no commandment greater than these."</p> <p style="text-align: right;">—Mark 12:29-31</p>				

# Jackson County Senior Awareness

Committee Presents:

The Summer Event

For Senior Adults



## THE WILD, WILD WEST

Thursday, June 11, 2015

9am-2pm

CIVIC CENTER

JACKSON COUNTY

FAIRGROUNDS

Pascagoula

Meal Sponsors:

Valley Food

Johnson House

WESTERN WEAR SUGGESTED

BUT NOT REQUIRED

For Booth Space Information, Please

Contact : [vchamp56@gmail.com](mailto:vchamp56@gmail.com)

Featuring Music By:

**DEUCES WILD**

Seniors Will Also Enjoy:  
The Upbeat Line Dancers,  
Lunch, Cowboy Photos,  
Door Prizes, Dance Music

Informative Booths,  
Color Guard,  
Military Salute,

**AND MORE FUN THAN  
ALLOWED  
WITH YOUR BOOTS ON!**

FOR INFORMATION CALL:

Pascagoula Senior Center

769-8329

Moss Point Senior Center

471-1243

Ocean Springs Senior Center

872-3653