

Pascagoula Senior Center
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July 2012

Dear Friends:

Come out and celebrate the FOURTH OF JULY with FIREWORKS provided by the CITY OF PASCAGOULA on Wed., the 4th, 9pm, at the BEACH! There will be afternoon and evening entertainment @ Beach Park. Watch The Mississippi Press for details.

4th OF JULY PIC-NIC @ BEACH PARK FOR OUR SENIORS – This is our once-a-year lunch event at beautiful, Pascagoula BEACH PARK on Tuesday, July 3. We will have grilled hamburgers with all the trimmings, along with potato salad and baked beans. This is one of the very few times you do NOT bring a covered dish. Just come out and enjoy the day. Yes it's going to be hot, but we will have the breeze right off the gulf and maybe some flies, too, but it will be fun and memorable with great entertainment featuring GOSPEL SINGER TOMMY MOSELEY and our own UPBEAT LINEDANCERS! This may be your only chance for a SUMMER PIC-NIC this year, so don't miss it! The crowd begins to gather as early as 10am! Lunch served beginning @ 11:30am. We will also enjoy ice cream sundaes and watermelon!

INDEPENDENCE DAY HOLIDAY – The Senior Center will be CLOSED Wednesday, July 4, to celebrate!

WEDNESDAY AFTERNOON MOVIES – We will show some cute ones this month. On Wed., July 11 we will see “JOYFUL NOISE” with Dolly Parton and Queen LaTifah. On Wed., July 18 we will see “ONE FOR THE MONEY” with Catherine Heigle. On Wed., July 25, we will see “A LITTLE BIT OF HEAVEN” with Kate Hudson. All movies begin @ 1:30pm this month. We will have popcorn and soda for everyone!

WEDNESDAY MORNING TABLE GAMES – Everyone is having a ball remembering how to play! We are playing Dominos, Cards and Checkers. Come join the fun each Wednesday morning 9-11am. We have coffee, ice tea and snacks. Closed on the FOURTH!

“PETER PAN” – We have an opportunity to see the Lynn Meadows morning production on Wednesday, July 11. We will also have lunch at the Beau. We will leave the center @ 8:30am. Cost is \$15 per person and includes theatre ticket and lunch! The show is at the MGCCC, Jeff Davis Auditorium. Transportation is provided. REGISTER NOW!

TUESDAY LUNCHEONS @ the SENIOR CENTER
Tuesday, July 3 – Our BEACH PARK PIC-NIC with grilled burgers, Tommy Moseley and the Line Dancers.
Tuesday, July 10 – Jan Garner with “Service Experts”, a subsidiary of Lennox Air Systems, with ways to stay cool!
Tuesday, July 17 – David and Anna with ideas on fostering or adopting dogs as pets to help their rescue mission.
Tuesday, July 24 – Todd Adams from MGCCC and their

Estuarine Education Center, with an invitation for us! Tuesday, July 31 – Lynn Rouse, another one of our favorites singing some of our favorite Elvis and Gospel songs.

LUNCH BUNCH – Friday, July 20. Cost \$20. Don't get left out. Sign up right away.

CENTER STAGE THEATRE – Biloxi – “HAIRSPRAY”
A Broadway and Hollywood hit! Thursday, July 26. We will leave the Senior Center at 6:00pm. Tickets: \$15 ea.

GULFPORT LITTLE THEATRE – “Into the Woods”,
Friday, August 3, for the evening performance. Cinderella played by Rebecca Smith! We will leave the Senior Center @ 6:00pm. Tickets are \$15 each.

“THE ROARING TWENTIES” – Thanks for everyone's support of this very successful event. Thanks also to our own “Upbeat Line Dancers”. The committee looks forward to putting together another event near Christmas time. The next “Senior Awareness Committee” meeting will be 1:30pm, Wednesday, July 11, at Pascagoula Senior Center.

MORNING EXERCISE CLASS – 8:15-9am, Monday, Wednesday and Friday. This is a “tried and true” cardiovascular workout that everyone can do. You use a chair or stand! New students begin any time.

BIBLE STUDY – We have a wonderful group of friends that meets on Thursdays from 10-11:30am. The class is led by Judy Caraway and has truly been a blessing to all who have attended. We have a few more weeks of Beth Moore's “Mercy Triumphs” study, then a whole new session will begin. A good time for new friends to join us. Watch for details in next month's newsletter. ALSO, we are trying to start a MEN'S class. Call us at 769-8329 if you are interested in a **Men's Bible Study**.

WALKING TRACK – Just a reminder that we have a wonderful indoor walking track. It would be great on these hot days to get your daily walking done on the inside! Bring a friend to walk with or meet new ones here. Just a few times around the rubberized track equals a mile. Listen to the music from our delightful BABY GRAND PLAYER PIANO while you walk your way to becoming more fit this summer.

PASCAGOULA DAY AT THE WELCOME CENTER
Friday, July 27, 9am-1pm. This is one of the most popular outings we do all year! We take the city bus to the I-10 WELCOME CENTER, serve homemade cookies and greet travelers. The Line Dancers perform and this year the “West Wing Potters” will join us. We need batches of cookies made and greeters to serve them. Please call Sarah Jim if you can help with either task. We meet travelers from literally all over the world while answering questions about Pascagoula, Jackson County and Mississippi! Plan to join us? Give us a call.

Look for ways to be a blessing to others as you are looking for blessings to come your way!

Sincerely, Melani Caver and the Senior Center Staff



JULY, 2012

Pascagoula Senior Center

769-8329



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><u>1</u> "Praise the Lord." "Give thanks to the Lord, for He is good . His love endures forever." —Psalm 106:1-</p>	<p><u>2</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet</p>	<p><u>3</u> 8:00-10:00 Fitness Orientation. 10am-BeachParkPrg 11:30-Burgers&Trm 1:15pm-Canasta 1&5pm-Pottery</p>	<p><u>4</u> <u>HOLIDAY CENTER CLOSED</u> 9 pm Fireworks at Beach Park.</p>	<p><u>5</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery</p>	<p><u>6</u> 8:30-9:00am-Exercise</p>	<p><u>7</u></p>	
<p><u>8</u></p>	<p><u>9</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm—Crochet</p>	<p><u>10</u> 8:00-10:00 Fitness Orientation. 12N-Lunch-Jan Garner w/SvcExperts 1:15pm-Canasta 1&5pm-Pottery</p>	<p><u>11</u> 8:30 (\$15)LvCtr "Peter Pan"JeffDavs 8:30-9:00amExercise 9-11am Sr Fun Time 1:30-"JoyfulNoise" Pottery</p>	<p><u>12</u> 9:00am-Line Dance 10:00am-Bible Study 11:00am-GoldenAge Club 5-8 Pottery</p>	<p><u>13</u> 8:30-9:00am-Exercise</p>	<p><u>14</u></p>	
<p><u>15</u></p>	<p><u>16</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet</p>	<p><u>17</u> 8:00-10:00 Fitness Orientation. 12N-Lunch-David & Anna-Fostr/AdptPet 1:15pm-Canasta 1&5pm-Pottery</p>	<p><u>18</u> 8:30-9:00amExercise 9-11am Sr Fun Time 1:30-Movie, "OneForTheMoney" Pottery</p>	<p><u>19</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery</p>	<p><u>20</u> 8:30-9:00am-Exercise 8:00am-Lunch Bunch \$20.</p>	<p><u>21</u></p>	
<p><u>22</u></p>	<p><u>23</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm—Crochet</p>	<p><u>24</u> 8:00-10:00 Fitness Orientation. 12N-Lunch-Todd Adams,MGCCC 1:15pm-Canasta 1&5pm-Pottery</p>	<p><u>25</u> 8:30-9:00amExercise 9-11am Sr Fun Time 1:30—Movie, "A Little Bit of Heaven" Pottery</p>	<p><u>26</u> 9:00am-Line Dance 10:00am-Bible Study 5-8-Pottery 6pm-LvCtr-"Hairspray", Biloxi— \$15.-CenterStage</p>	<p><u>27</u> 8:30-9:00am-Exercise 9am-1pm-To I-10 Welcome Center. Serve Cookies. Greet Visitors</p>	<p><u>28</u></p>	
<p><u>29</u></p>	<p><u>30</u> 8:30am-Exercise 9&10am-Line Dance 10:30am-Yoga 1:00pm-Bridge 1:00pm—Crochet</p>	<p><u>31</u> 8:00-10:00 Fitness Orientation. 12N-Lunch-Lynn Rouse singing. 1:15pm-Canasta 1&5pm-Pottery</p>					