

Pascagoula Senior Center
P.O. Drawer 908 * 1912 Live Oak Ave.
Pascagoula, MS 39568
228-769-8329
mjcaver@cityofpascagoula.com

January, 2016

Dear Friends:

MANY THANKS - The Staff and Volunteers at Pascagoula Senior Center are so appreciative for the opportunity to provide service to everyone on our mailing list. We would like to let you know that we are ready and willing to continue providing you with quality activities to fill your leisure time in the NEW YEAR and wish each blessings of good health and happiness. Please share with us ideas you may have for new activities. Also, stop by and pick up your copy of our brand new **2016 POCKET CALENDAR** right away; one per person while supplies last!

ACTING WITH MAC NELSON - Classes will meet from 1:30 - 3:30 pm every other Thursday beginning in January. Experienced actors will have class on the 1st, 3rd, and 5th (when it occurs) Thursdays of each month beginning January 7, and beginners will have class on the 2nd and 4th Thursdays of the month beginning January 14th. Cost is \$20 per two hour class period. Questions? Feel free to call Mac Nelson, acting instructor, at 212-729-8484 or contact him through macmegehee@hotmail.com.

NON – RESIDENT FEES DUE EACH YEAR IN JANUARY.

Everyone who uses this facility must have a registration form on file with us. Everyone who lives outside the City of Pascagoula must pay an annual non-resident fee of \$50 per person. Non-resident fees are due each January. Non-residents may mail in their fee to: Pascagoula Senior Center, P.O. Drawer 908, Pascagoula, MS, 39568, or drop it off at the center.

LUNCH BUNCH - Pascagoula River Audubon Center. Fri., Jan 22, 8:30am. This trip will NOT involve a boat ride. We will also enjoy the lunch buffet at Tuga's and another "surprise" stop before returning home. Cost \$23.00 per person.

MARDI GRAS WREATH MAKING – Monday, January 11, 12:30pm. Class taught by Nancy Williams. All supplies included. Cost \$25 per person. You must register and pay by 5pm, Friday, January 8. We are actually making a "Swag" this class.

MARDI GRAS BALL AT THE SENIOR CENTER - This year's Mardi Gras Ball will be held in conjunction with Tuesday Lunch on Feb. 2. Our reigning royalty, **King Donald Avery** and **Queen Brenda Krebs** will be presented followed by this year's royal court of Duchesses with their escorts from Pascagoula Police Department. The excitement mounts as we approach the coronation of the 2016 King and Queen. Plan to join us for our annual celebration which includes lunch and our Ball.

We ask that everyone be seated by 11am. DO NOT bring a covered dish; our Mardi Gras lunch is provided and will be served by the Jackson County Evening Civic League.

MARDI GRAS PARADE – The Jackson County Carnival Association will hold their Annual Mardi Gras Parade on Saturday, February 6, 1pm. Again, we will ride the city trolley in the parade. We will have a pizza party and decorate the trolley on Friday, Feb. 5, beginning at 9am. Call and let us know if you plan to ride AND if you plan to help us decorate.

YOGA – A wonderful method of relaxation using "tried and true" techniques. Class meets each Monday at 10:30am. Shawn Chappel, certified instructor. Cost: \$10 per session.

MARDI GRAS MAMBO – This is a Mardi Gras Party and Health Fair with Lunch and entertainment at Lyman Community Center in Gulfport. Sponsors are Gulfport Leisure Services and The Boyington. It is Thursday, February 4 beginning at 10am. We will leave from our Center @ 8:45am. Cost is \$5 per person.

LINE DANCING – Beginners class meets Mondays 9-10am; intermediate class meets Monday 10-11am. Performing class meets Thursday 9-10am. Congratulations to "The Upbeat Line Dancers" who do shows and performances all year long that delight audiences from all around!

SPANISH CLASS – No classes this quarter. Many thanks to Ms. Eva Roithmayr for instructing classes for the past year!

BIBLE STUDY CLASSES RESUME - Thursday mornings, 10am, with Judy Caraway resume on Jan. 7. Monday evenings, 6:30pm with James Miller resume Jan. 18. Join either class anytime.

MISSISSIPPI STATE EXTENSION SERVICE - Melissa Yarber, will be here on Tuesday, January 12 at 11am to help us learn to eat healthy and economically. Plan to be here by 11am, room 103, for this information and to be eligible for door prizes! You will be out in plenty of time for lunch! Speaking of lunch on the 12th; did we mention that Melissa was going to sing for us during Lunch? Some good old SOUTHERN GOSPEL!

DEACONESS HOME HEALTH WILL DO BLOOD PRESSURE

CHECKS AND BINGO – Yes, Lynn and her crew will be back on track January 12. They will be here to do blood pressure checks before lunch and Bingo after lunch. A busy day, right?

"SAVE THE DATE" for our annual "CHILI COOK OFF"

Thursday, March 17 – St. Paddy's Day Theme. Fund Raiser for the American Cancer Society's Relay For Life.

AARP Safe Driving Class – Wed., Feb. 10, 8:30am-12:30pm. Call Paul Vanderfin to register -228-861-3199

We plan to announce Spring/Summer and Fall Trips Feb. 1. Spring/Summer Trip Dates are May 30-June 4
Sincerely, Melani Caver and the Senior Center Staff



Pascagoula Senior Center January 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|---|-------------------|
| <p>“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy acceptable unto God, which is your reasonable service. And be not conformed to this world; but be ye transformed By the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. Let Love be without dissimulation. Abhor that which is evil; cleave to that which is good. Be kindly affectioned one to another with brotherly love.” —Romans 12:1-2, 9-10</p> | | | | | <p><u>1</u> <u>New Year's Day</u> <u>CENTER</u> <u>CLOSED</u></p> | <p><u>2</u> </p> |
| <p><u>3</u> </p> | <p><u>4</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30am-Yoga-\$10 1:00-Bridge 1:00-Crochet 6:30-Bible Study</p> | <p><u>5</u> 10am- Lois Exercise 12:00—Lunch— 1:15pm-Canasta— Rm.103</p> | <p><u>6</u> 8:15 am-Exercise <u>11:00-Fitness Orientation</u> 1:30-Dominos</p> | <p><u>7</u> 9-10 Line Dancing-AdvCl 10:00-Bible Study 10:00-ExerciseW/Lois 1:30-Acting Class <u>NEW</u> <u>MEMBERS WELCOME-</u> <u>Men— come on down!!!! \$20</u></p> | <p><u>8</u> 8:15 am-Exercise</p> | <p><u>9</u> </p> |
| <p><u>10</u> </p> | <p><u>11</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30am-Yoga-\$10 12:30-SwagMakingClass-\$25.N.W. 1:00-Crochet 6:30-Bible Study</p> | <p><u>12</u> 10amExercW/Lois 11:00-BloodPressureCheck 11:00-Rm103-Eat Healthy-MelissaYarber 12:00—Lunch-Melissa sings. Deaconess-Biingo after Lunch 1:15pm-Canasta— Rm.103</p> | <p><u>13</u> 8:15 am-Exercise 1:30-Dominos</p> | <p><u>14</u> 9-10— Line Dancing-Advanced Class. 10:00-Bible Study- 10:00-ExerciseW/Lois 11:00 GoldenAge— 1:30-Acting ClassBeginners\$20</p> | <p><u>15</u> 8:15 am-Exercise</p> | <p><u>16</u> </p> |
| <p><u>17</u> </p> | <p><u>18</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30am-Yoga-\$10 1:00-Bridge 1:00-Crochet 6:30-Bible Study</p> | <p><u>19</u> 10am- Lois Exercise 12:00—Lunch— 1:15pm-Canasta— Rm.103</p> | <p><u>20</u> 8:15 am-Exercise 1:30-Dominos</p> | <p><u>21</u> 9-10— Line Dancing-Advanced Class. 10:00-Bible Study- 10:00-ExerciseW/Lois 1:30-Acting Class— Experienced \$20</p> | <p><u>22</u> 8:15 am-Exercise 8:30 am-Pascagoula RiverAudubonCtr. - Lunch,Tugas.\$23.</p> | <p><u>23</u> </p> |
| <p><u>24</u> </p> | <p><u>25</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Advanced 10:30am-Yoga-\$10 12:00-LnDancerOtrlyLuncheon 1:00-Crochet 6:30-Bible Study</p> | <p><u>26</u> 10am- Lois Exercise 12:00—Lunch— 1:15pm-Canasta— Rm.103</p> | <p><u>27</u> 8:15 am-Exercise 1:30-Dominos</p> | <p><u>28</u> 9-10— Line Dancing-Advanced Class. 10:00-Bible Study- 10:00-ExerciseW/Lois 1:30-Acting ClassBeginners\$20</p> | <p><u>29</u> 8:15 am-Exercise</p> | <p><u>30</u> </p> |
| <p><u>31</u> </p> | <p><i>Friends, have a blessed, healthy, and prosperous NEW YEAR—2016!!!!!!!!!!!!</i></p> <p><i>We serve you With Love, Your Senior Center Staff & Volunteers</i></p> <p>Melani, Ms.Bea, Danielle, Debbie, Sarah Jim, Carol, Kee, Jo, Juanita, Ida, Joyce, Ms.Eva, Lois</p> | | | | | |