

Pascagoula Senior Center
P.O. Drawer 908 * 1912 Live Oak Ave.
Pascagoula, MS 39568 228-769-8329
mjcaver@cityofpascagoula.com



August, 2016

Dear Friends:

"Words are powerless to express my gratitude for all that was done to make my last week before retirement so very memorable. Everyone was so creative, thoughtful and generous. My mind is filled with sweet memories of my time at the Senior Center and I have a place for each and every one of you in my heart. THANK YOU FOR EVERYTHING!!!!!" BEA BURTON

What a tribute we have had celebrating Ms. Bea in her recent retirement! Thanks to everyone who participated. She will be missed! Whatever Ms. Bea chooses to do next, it is certain that she will bring sunshine, good cheer and blessings to peoples' lives! Thank you, Ms. Bea for the years spent blessing us all during your tenure at Pascagoula Senior Center. Have a wonderful vacation and hurry back to pottery, Bible Study, fitness, line dancing, a guest at Tuesday lunch or whatever fits into your retirement. Your title will not end in February as you relinquish your crown. You will always be our "Queen Bea"! Thanks to all who presented, decorated, donated, made food, joined us or sent well wishes.

HEAT WAVE - It's Summer and it's hot! Remember to stay hydrated; plenty of water and other nutritional liquids! Ask your doctor or family to help if you need assistance. Otherwise, just drink lots, especially if you spend time outdoors. We have a printed material regarding seniors staying hydrated; pick up a copy!

HURRICANE SEASON - We are in the middle of it! Make a plan, gather supplies, watch the news/weather and stay in touch with family and/or friends.

CREATIVE WRITING CLASS- Will begin next month. Mary Carter is instructor. Dates, times TBA. Call us if you are interested, 769-8329

LUNCH BUNCH - Wednesday, August 24. Join us for an exciting outing somewhere along the coast with a great lunch. Cost: \$25 - Transportation and lunch included.

FITNESS FORMS - Just a reminder that everyone needs to keep a current fitness form signed by your doctor on file in our office. We mail notices when they are due.

DALLAS - FT. WORTH October 10-14

Trip Inclusions: Guided Tours of Dallas and Ft. Worth, The Sixth Floor Museum, JFK sites, Old Court House Museum, Billy Bob's, the Stockyards of Fort Worth, the Gaylord Texan, Southfork Ranch, the George W. Bush Presidential Library, Dallas Cowboy Stadium, North Park Mall. Breakfast every day, 2 lunches, 3 dinners, Four Nights Lodging (one property) and Deluxe Motor Coach Transportation are also included as well a SURPRISE here and there....

Trip Cost: \$ 799/double

Trip Insurance Available

**Call for more information, call us, 228-769-8329.
\$100 deposits are due NOW.**

Mobile Theatre Guild – Production of "Todd Sweeny".

Friday, August 26. Tickets: \$20 each. Leave the Center at 6:30pm.

"Flavors of Fall" – We are invited to this event on September 22, 10am-2pm, Ft. Maurepas, Front Beach, Ocean Springs. Sponsor: Ocean Springs Health and Rehab. – Our friend, Kellie Neuman and the City of Ocean Springs. Door Prizes, Lunch, Music, Vendors. Sign up details next month.

A note about our Summer Missions: "When I think of our mission children and those who made donations and/or gave of their time, I think of Ruth 1:18. ... "May the Lord reward you for your kindness"...(NLT). Everlasting thanks, to our mission children, and our many Seniors that worked tirelessly, with happy hearts to feed nearly 300 children this summer. Thank you for your prayers and support, Bea".

Tuesday Lunch Programs During August:

August 2 – Singers, Bob and Wanda Chatel

August 9 - Lynn with Deaconess, BINGO!

August 16 - Singing River Hospital Auxiliary

August 23 – Hospice – Katie O'Sullivan

August 30 – LUAU – Fun, Fun, Fun!

ANNUAL LUAU – Tuesday, Aug. 30, 11:30am. We will have a wonderful Hawaiian themed party with authentic music, dancing and food. Plan to join us for one of our favorite parties! Everyone can come in their Hawaiian-wear!

MS. STATE EXTENTION SERVICE – "Eat Smart – Live Strong"
Part 1 – Friday, Aug. 12; Part 2 – Friday, Aug. 26. Either or both session begin at 10:30am and lunch is included. **MUST CALL TO PRE-REGISTER, 769-8329.**

LINE DANCE PERFORMANCES – Mon, Aug. 8, AARP, 11:30, Calvary; Gpt. Care Center on Thur, Aug 11, depart 9am-No lunch stop; PLAZA/SRHR on Aug 19, depart 12:30pm; LUAU-11am, Aug 30.

Sincerely, Melani Caver and the Senior Center Staff



AUGUST 2016



Pascagoula Senior Center—769-8329

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<u>1</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Adv. 10:30-Yoga 1:00-Bridge 1:30-Crochet 5:30-7:30-Pottery Class 6:30-BibleStudy.	<u>2</u> 9-10-Ctr.SngngGrp 10:00— LoisExercise 12:00-Lunch-M/M Chatel 1:15pm-CansRm.103 Open Pottery	<u>3</u> 8:15 am-Exercise <u>11:00-Fitness Orientation</u> 1:00-4:00Bridge(2)tbls. 1:30-Dominos— Open Pottery	<u>4</u> 9-10 Line Dancing AdvCl 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois Open Pottery	<u>5</u> 8:15 am-Exercise 10:00-Dominos Open Pottery	<u>6</u> 
<u>7</u> 	<u>8</u> 8:15am-Exercise 9am-LineDance-Beginners 10:30— Yoga 11:30-LnDance-Calvary. 1:30-Crochet 6:30-BibleStudy Open Pottery	<u>9</u> 9-10-CtrSngGrp. 10:00- Lois Exercise 12:00-LuchLynneNix, Blood Pressure. 1:15pm-Canasta—103 Open Pottery	<u>10</u> 8:15 am-Exercise 1:30-Dominos Open Pottery	<u>11</u> 9-10 Line Dancing-AdvC 9:00-Gpt.CareCtr.-LineDancs 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois <u>11:00-Golden Age Club</u> Open Pottery	<u>12</u> 8:15 am-Exercise 10:00-Dominos 10:30-Part 1-EatSmart- LiveStrong-Lunch Incl. Open Pottery	<u>13</u> 
<u>14</u> 	<u>15</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Adv 10:30—Yoga 1:00-Bridge 1:30-Crochet 6:30-BibleStudy Open Pottery	<u>16</u> 9-10-CtrSingGrp 10:00-Lois Exercise 12:00-Lunch-SRAux. 1:15pm-Canasta—103 Open Pottery	<u>17</u> 8:15 am-Exercise 1:00-4:00Bridge (2) Tables 1:30-Dominos Pottery Class 1-3:30pm	<u>18</u> 9-10 Line Dancing-Adv. 9:30-3:00-Bridge (1) Table 10:00-Bible Study 10:00-ExerciseW/Lois Open Pottery	<u>19</u> 8:15 am-Exercise 10:00-Dominos 12:30-Plaza/SRHR-Line Dancers Open Pottery	<u>20</u>
<u>21</u> 	<u>22</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Adv. 10:30—Yoga 1:30-Crochet 6:30-BibleStudy Open Pottery	<u>23</u> 9-10-CtrSngGrp 10:00 –Lois Exercise 12:00-Lunch-Hospice, KatieO’Sullivan 1:15pm-CanRm103 OpenPottery	<u>24</u> 8:15 am-Exerse Lunch Bunch-\$25. 1:30-Dominos PotteryClass1-3:30pm	<u>25</u> 9-10 Line DancingAdvCl 9:30-3:00-Bridge (1) Table 10:00-Bible Study- 10:00-ExerciseW/Lois Open Pottery	<u>26</u> 8:15 am-Exercise 10:00-Dominos 10:30-Part 2-Eat-Live- 6:30pm-LvCtrMobileThea Guild,"ToddSweeny"\$20. Open Pottery	<u>27</u>
<u>28</u> 	<u>29</u> 8:15am-Exercise 9am-LineDance-Beginners 10am-LineDance-Adv. 10:30- Yoga 1:00-Bridge 1:30-Crochet 6:30-BibleStudy Open Pottery	<u>30</u> 9-10-CtrSngGrp 10:00 –Lois Exercise 11:00-LineDancers <u>11:30-Lunch-LUAU!!!</u> 1:15pm-Canasta103 Open Pottery	<u>31</u> 8:15 am-Exercise 1:30-Dominos PotteryClass 1-3:30pm	<p>Owe no one anything, except love each other, for the one who loves another has fulfilled the law. Love does no wrong to a neighbor, therefore love is the fulfilling of the law . Romans 13: 8, 10.</p>		