

Pascagoula Senior Center
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New to you & Senior Center

New Activity Corner:

Located in Arts and Crafts Room. These are activities that can be done by yourself or with a group. There are decks of cards, adult coloring books and puzzles.

20 Minute Clinic

Informational series of talks that will touch on different topics that pertain to our seniors. Informal setting.

How much sleep do you need?

Prescriptions & over the counter medications

Symptoms you should not ignore

Wood Painting Class

See Mallory to put your name on the list. Pick from a variety of wooden door hangers. All supplies provided. Some choices: Fleur de Lis, state of Mississippi, Christmas Ornament, Santa, and Mermaid.

Events Bulletin Board

Located in the lobby, we have information on of events going on at Mary O'Keefe, Center Stage, Biloxi Little Theater, the Pascagoula River Audubon Center, as well as other venues.

Surf Grill Picture

At the end of August we received this piece from the collection of Steve Byars. This picture is made from the wings of Mexican butterflies. This technique provides a wonderful and totally unique iridescence. This is the sign from the Surf Grill that used to sit on the beach next to the old Coast Guard Station. Do you have any stories from the Surf Grill? Let us know! We will make a collage of stories to hang next to this beautiful piece of history.



Dear Friends:

September, 2019

***Pascagoula Senior Center will be CLOSED
Monday September 2nd. Have a Safe Holiday
Weekend***

Are you ready for some cooler weather? We here at the Senior Center are ready! We have some new opportunities for you this month to come spend some time with us. We hope to see you and bring a friend we would love to meet them.

TUESDAY LUNCH GUESTS

Sept. 3rd-

Sept. 10th- Membership Drive! Bring a friend! Every new member that signs up gets a free ticket for lunch. CVS Flu Clinic offering flu shots. Liz Hoop with Southern Hearts Hospice taking Blood Pressures

Sept. 17th- Choir from Singing River Industries

Sept. 24th- Elite Partners will be here laminating you Medicare cards. Liz Hoop with Southern Hearts Hospice will have bingo & be taking Blood Pressures

NOTICE ON CURRENT INFORMATION

Are your fitness forms up-to-date? Have you had a change of address or phone number? Help us keep you current! If you have not filled out a registration form in the last year, we need a new one. We would like to have an emergency contact on file for every member.

Book Club

Our Book Club's first meeting is on Wednesday September 4th at 1:30. Please read the first half of Alias Grace by Margaret Atwood to prepare. The beginning through Part VII "Snake Fence". The second half will be discussed September 18th at 1:30. Part VIII "Fox and Geese" through the end.

Senior Spotlight

Do you know of a member that is an exceptional help to our community? See Alma or Mallory to nominate a friend—or yourself—for Senior Spotlight.

