

Pascagoula Senior Center

July 2019 * 769-8329

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	8:15 Exercise 1 9:00 Line Dance/Begin 10:00 Line Dance/Adv. 1:00 Crochet	8:15 Exercise 2 12:00 USS Fitzgerald Lunch	8:15 Exercise 3 8:30 Pickle Ball	Closed for Independence Day 4	Closed for Independence Day 5	6
7	8:15 Exercise 8 9:00 Line Dance/Begin 10:00 Line Dance/Adv. 1:00 Crochet	8:15 Exercise 9 10:00 Lois Exercise 10:00 B/P with Liz 12:00 Lunch, Camp Shiloh Choir 1:15 Canasta 3:30 Senior Choir	8:15 Exercise 10 8:30 Pickle Ball	8:15 Exercise 11 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study 11:00 Golden Age	8:15 Exercise 12 10:00 Dominoes	13
14	8:15 Exercise 15 9:00 Line Dance/Begin 10:00 Line Dance/Adv. 1:00 Crochet	8:15 Exercise 16 10:00 Lois Exercise 12:00 Lunch, July Birthdays 1:15 Canasta	8:15 Exercise 17 8:30 Pickle Ball	8:15 Exercise 18 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study 1:30 Acting	8:15 Exercise 19 10:00 Dominoes	20
21	8:15 Exercise 22 9:00 Line Dance/Begin 10:00 Line Dance/Adv. 1:00 Crochet	8:15 Exercise 23 10:00 Lois Exercise 9:00 Bereavement Group 10:00 B/P with Liz 12:00 Lunch, Bingo with Liz 1:15 Canasta 3:30 Senior Choir	8:15 Exercise 24 8:30 Pickle Ball	8:15 Exercise 25 9:00 Line Dance 10:00 Lois Exercise 10:00 Bible Study	8:15 Exercise 26 10:00 Dominoes	27
28	8:15 Exercise 29 9:00 Line Dance/Begin 10:00 Line Dance/Adv. 1:00 Crochet	8:15 Exercise 30 10:00 Lois Exercise 9:00 Bereavement Group 12:00 Lunch, JCEC Q&A 1:15 Canasta	8:15 Exercise 31 8:30 Pickle Ball			

Pascagoula Senior Center
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Dear Friends: July, 2019

***Pascagoula Senior Center will be CLOSED
Thursday, July 4th, & FRIDAY July 5th
Have a Safe Holiday Weekend
GOD BLESS THE USA!***

TUESDAY LUNCH GUESTS

July 2nd USS Fitzgerald DDG 62
July 9th Camp Shiloh Choir & Blood Pressure Checks with Liz Hoop
July 16 – July Birthdays!
July 23 Blood Pressures & Bingo with Liz Hoop
July 30 Jackson County Election Commission Q&A

Hospice of Light Bereavement Support Group

Support Group will start meeting on Tuesdays
From 9am -10:30am. The meeting dates are:
July 23, 30, August 6, 12, 20, 27

NOTICE ON CURRENT INFORMATION: Are your fitness forms up-to-date? Have you had a change of address or phone number? Help us keep you current in our system! If you have not filled out a registration form in the last year, we need a new one. We would like to have an emergency contact on file for every member of the Senior Center.

VOLUNTEERS! There is no way we could do what we do here without our dedicated, hardworking volunteers. Thanks to: Carol Cannon, Kee Higginbotham, Ida Raiola, Joyce McCarty, they are always up to any task, as well as being the BEST kitchen volunteers; Linda Whirl, Sandra Yelder with the choir, Jo Langley & Lois Horn with line dancing and aerobics. Ray and Nancy with community gardens. We can't forget the crews from USS Paul Ignatius DDG 117 and USS Fitzgerald DDG 62-Thank you from the Pascagoula Senior Center. And to all the ones who help out we can't THANK you enough.

FALL TRIP: October 7th thru 13th Spots available
Contact: Lois Horn: 228-623-1353; Pat McAdams 228-623-0794; Melanie Caver 228-369-1551.

SENIOR SPOTLIGHT: Phyllis Richard. This ray of sunshine is always making our days brighter here at the Senior Center. Ms. Phyllis brings in dishes for Tuesday lunch and helps set up. Of late she has also been assisting in the kitchen. She plays dominoes and canasta at the Center. In her free time she is an avid bingo player and enjoys spending time with her TWENTY FOUR nieces, nephews, great nieces and great nephews. Her lovely husband Paul has been spoiling her rotten for nineteen years. Born in Biloxi, she now calls Pascagoula Home.

Special Occasions?

Do you have a special occasion coming up that requires a gift? Did you know that our gift shop inventory is made up of our seniors' handiwork? YES! Everything from homemade jewelry, paintings, wreaths, birdhouses' and much more. Did you know we also have POTTERY? Our seniors make it right here at the center! Our pottery is made in-house from clay to finished product. All items are reasonably priced. Come support our senior artists as well shopping local.

